

2014 Canadian National Marathon Canoe, Kayak & Dragon Boat Championships

**AUGUST 8-10, 2014
WINNIPEG, MB, CANADA**

2014



CANADIAN NATIONAL

**MARATHON CANOE
KAYAK
DRAGON BOAT**

CHAMPIONSHIPS

WINNIPEG, MANITOBA





GREETINGS...

... from the Manitoba Paddling Association

- by MPA President, Robin McClure

Hello and welcome to the 2013 Canadian Marathon Canoe National Championships. On behalf of the Manitoba Paddling Association Board of Directors & the 2013 Nationals Organizing Committee, I would like to thank you for participating in this special event and wish you a very enjoyable weekend. I would also like to extend special thanks to the Organizing Committee, Chair by Fred Berard and the many volunteers whose hard work has made this event possible.

The Manitoba Paddling Association is very excited about hosting this year's Canadian Marathon Canoe Championships. I was fortunate enough to be a competitor several previous Marathon Nationals events, and have coached several of the athletes who will participate in the 2014. I look forward to seeing some familiar faces and making new acquaintances at this year's event. In Winnipeg, we have the perfect location for marathon canoe racing, with optimal river conditions, a varied and interesting course, with ready access to necessary services. With our location in the middle of Canada, we look forward to attracting participants from East and West alike, making 2014 one of the best attended Nationals for some time.

At all marathon events I have attended, I leave feeling part of a community of marathoners. I think this sense of community, or even family, is what makes marathon canoe racing so special. This year, we hope to extend that community to include dragon boat paddlers, experiencing the challenge, tactics and excitement of long distance racing. We also welcome kayakers of all ages, stand up paddle board athletes, and outrigger paddlers, and look forward to some exciting races in all categories. Whether you've come to race, to support a friend or family member who is racing, or to simply to watch the races and learn more about marathon paddling, we hope you have a fantastic time and look forward to meeting you!



HISTORY OF THE CKC MARATHON NATIONALS

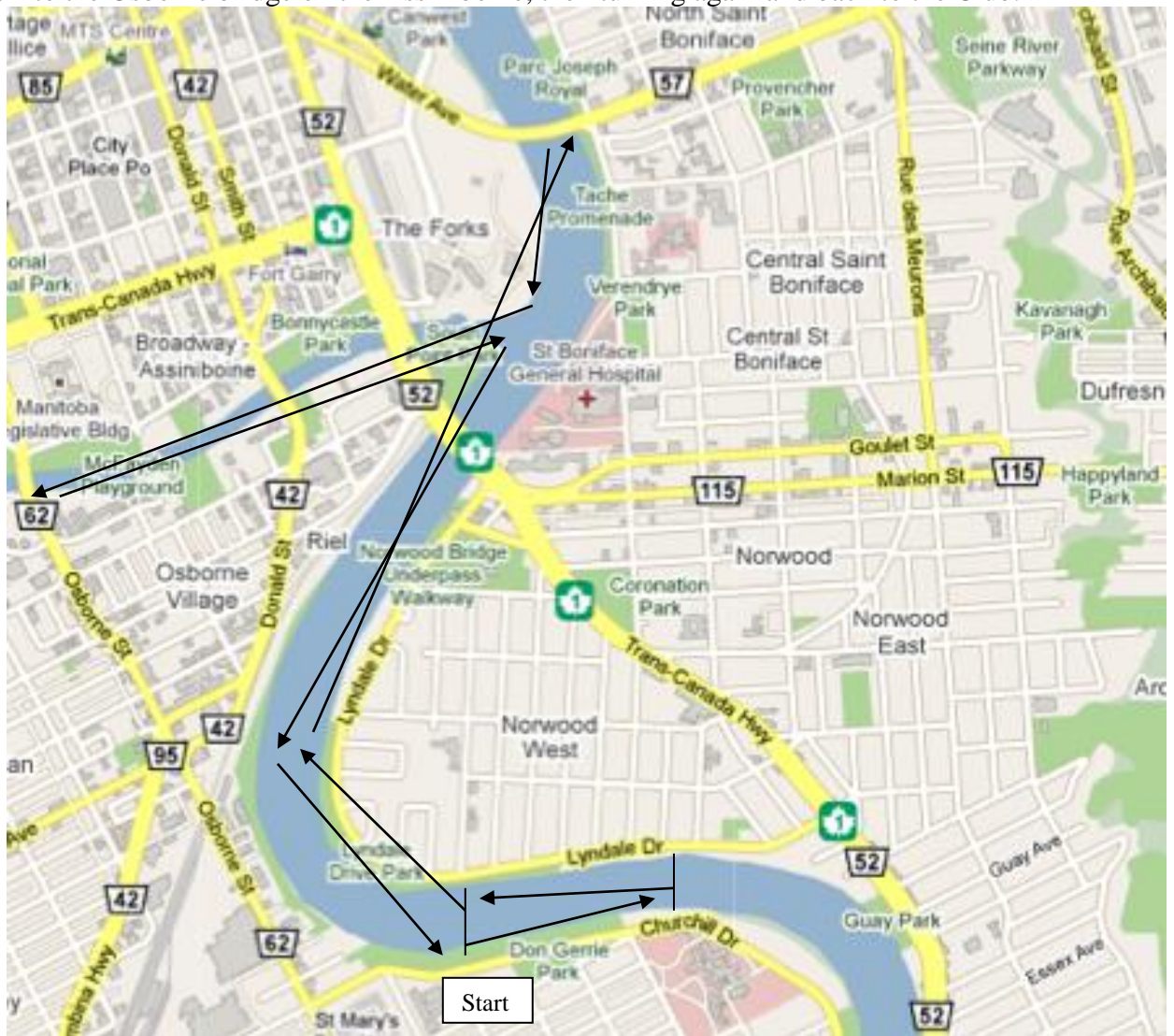
1980	Ottawa, ON	1991	Prince George, BC	2002	Wallaceburg, Ont
1981	Saskatoon, SK	1992	Ottawa, ON	2003	Kamloops, BC
1982	Grand Mere, PQ	1993	Fredericton, NB	2004	Nova Scotia
1983	Kamloops, BC	1994	La Ronge, SK	2005	Edmonton, Alb.
1984	Fredericton, NB	1995	Peterborough, ON	2006	Mattawa, Ont.
1985	Peterborough, ON	1996	Halifax, NS	2007	Craven/Lumsden, SK
1986	Whistler, BC	1997	Tracy, PQ	2008	Enderby, BC
1987	Saskatoon, SK	1998	Kamloops, BC	2009	The Pas, MB
				2010	Winnipeg, MB
1988	St. George, NB	1999	Lumsden, SK	2011	Winnipeg, MB
1989	St. Stanislas, PQ	2000	St. John, NB	2012	Winnipeg, MB
1990	Snow Lake, MB	2001	Selkirk, MB		

2014 Marathon Nationals

Course Map & Course Description

All races will start and finish the Manitoba Canoe and Kayak Center, located at 80 Churchill Dr. Tel: 204 284-4646 .

The course is on the Red and Assiniboine Rivers through the heart of Winnipeg. Water depths are generally over six feet. There is no danger of damage to boats on any section of the course, but competitors should take care to avoid paddle damage in the extreme shallows. These areas will be marked with yellow caution buoys. All races will start with an upstream sprint for 500m then turn downstream towards the Provencher Bridge, turning after the bridge and going upstream to the Osborne bridge on the Assiniboine, then turning again and back to the Club.



2014 Marathon Nationals

Schedule of Events

Friday, Aug.8, 2014

8:00am - Late Registration

8:30am - Race Briefing and Boat Measuring

Morning: (9:00am) Marathon C-1 for Men and Women + Outriggers OC-1 Men and Women

Afternoon: (12:00pm) Kayak K-2 and ICF C-2 for Men and Women - All Age Classes

Evening: (6:00pm) Dragon Boat – Mixed

Saturday, Aug.9, 2014

8:00 am - Late Registration

8:30 am - Race Briefing and Boat Measuring

Morning: (9:00am) Marathon C-2 Mixed

Afternoon: (12:00pm) 17' Jensen C-2 for Men and Women

Afternoon: (3:00pm) Kayak K-1 and ICF C-1 for Men and Women - All Classes (Plus – Trials for World Champ)

5:30pm Awards Ceremony & Banquet - At The Manitoba Canoe and Kayak Center

Sunday, Aug.10, 2014

8:00 am - Late Registration

8:00 am - Race Briefing and Boat Measuring

Morning: (9:00am) Marathon C-2 for Men and Women

Afternoon: (12:00pm) 17' Jensen C-2 Mixed + Paddleboards for Men and Women (new class)

Afternoon: (2:30pm) Dragon Boat –Mixed - Pursuits (TBA)

**Note: Schedule allows you to participate in all events –
If you put down your name for Dragon Boat events, we
will try to team you up with other paddlers**

2014 Marathon Nationals

Competition Rules

Rules of Structure: www.canoekayakcanada.ca/ click on "marathon"

Start

The start will be "one minute to start" followed by the blow horn at any time following the one minute warning.

False Starts

Two false starts by the same team shall constitute immediate disqualification.

Competitors

Only those competitors registered in the competition may be on the race course during the event

Portages

Under no circumstances may a portage be used with the effect of shortening the course of the race.

Assistance

No competitors shall be assisted in any way in carrying his/her canoe or paddle over a portage. In the event of a capsize, a competitor may receive assistance with emptying his/her craft and regaining his/her paddling position, but may not be progressed in any way.

PFD's

Personal Flotation Devices (PFD's) must be in the boat. It is not required that the competitors wear their lifejackets, with the exceptions of competitors under the age of 14 years must wear a Ministry of Transport approved lifejacket. Inflatable PFD's are acceptable.

Overtaking

Where a competitor is overtaking another competitor, it is the duty of the person overtaking to keep clear at all times of the craft being overtaken.

Age

Proof of age may be requested. Acceptable identification will be a driver's license and/or a birth certificate.

Who can compete?

Canadian residents must be members in good standing with a recognised provincial canoe racing association. Non-Canadian residents are required to pay a non-resident membership fee of \$10 (Can funds). All competitors must pay a registration fee to the Canoe Kayak Canada Marathon Council in order to compete

Age Categories & Watercraft specifications

Midget - under 16 years January 1, the year of competition
Junior - under 18 years January 1, the year of competition
Senior - over 18 years January 1, the year of competition
Master Men 1 - 40 years or older January 1, the year of competition
Master Men 2 - 50 years or older January 1, the year of competition
Master Men 3 - 60 years or older January 1, the year of competition
Master Women 1 - 40 years or older January 1, the year of competition
Master Women 2 - 50 years or older January 1, the year of competition
Master Women 3 - 60 years or older January 1, the year of competition

Midget, and junior class participants must be of the age of the class for which they qualify - there will be no age averaging. All youth participants may move up in age categories and will register under the older category. No youth participants may move down in age categories. Youth may be allowed to compete in the adult category and will be recognized as Senior. Age averaging will be allowed for all Masters Categories. Seniors may not age average. If a team is mixed with a Senior athlete that team is then recognized as Senior. An adult cannot go down to youth category.

Watercraft Specifications

Recreational Class Canoe: This is a non expert class (up to officials discretion)
Clipper Trippers will be used (supplied by Western Canoeing & other) or you can bring your own.

17'Jensen Class: Jensen designed canoe, recently adopted as a class at National Championships, built by Western Canoeing and Wenona. (used at N.A.I.G. Games)

Marathon C-1 Class Canoe: up to 18'6" in length with a minimum of 32" at amidships at 4" waterline. Adopted from U.S.C.A. rules of competition

Marathon C-2 Class Canoe: up to 18'6" in length with a minimum of 27" at amidships at 3" waterline.

Marathon Kayaks: ICF regulations adopted by Marathon Canoe Racing Council (up to officials discretion)



***Canoes & Kayaks for fun, sport, ...or the Olympics!
Why consider anything else?***

Registration Form

2014 Marathon National Championships – Winnipeg

August 8-10, 2014

Mail: MPA – 145 Pacific Ave. Wpg. Mb R3B 2Z6 or **Email your form** mpa@sportmanitoba.ca

Name: _____ Date of birth _____ age: _____
 Address: _____ City: _____ Prov./State: _____ P.C./Zip _____
 Phone: (____) _____ email (request only) _____
 Provincial Affiliation: _____

*Please fill (check) the classes you wish to race in. (see age category sheet)

* Gender: Male __ Female __ *Please indicate partner's name: _____

- C-1:** - Midget __ Junior __ Senior __ Masters __
- OC-1:** - Midget __ Junior __ Senior __ Masters __ (**Outrigger** Class)
- K-1:** - Midget __ Junior __ Senior __ Masters __
- SUP:** - Midget __ Junior __ Senior __ Masters __ (**Stand Up Paddleboard** Class)

C-2 Jensen 17: - Midget __ Junior __ Senior __ Masters 1 __ 2 __ 3 __ Mix __
 Partner name : _____ or Need a Partner _____

C-2 – Boat Midget __ Junior __ Senior __ Masters 1 __ 2 __ 3 __ Mix __
 Partner name : _____ or Need a Partner _____

K-2: Midget __ Junior __ Senior __ Masters __
 Partner name : _____ or Need a Partner _____

Dragon Boat Mixed: Team Name: _____ or want to be on the team _____

Note : if you do not have team we will make teams from all interested paddlers.

Fee Schedule:

Adult: 60+less \$10.	\$60.00 (all events).....	_____
Bantam and Juvenile	\$40.00.....”.....	_____
Junior	\$50.00.....”.....	_____
Dragon Boat “only”	\$45..00 banquet included)	_____
Extra banquet ticket	\$15X _____ =	_____
OR Maximum per Family	\$180.00 (banquet included)	_____

Total Fees.....please make cheques out to: Manitoba Paddling Association or MPA

Registration accepted up to July 26th, 2013

If there are not more than three people registered in a class before July 26th, that class may be combined with another class or not run. This will be at the discretion of the organizers.

Waiver of Liability: “I realize that canoeing can be a dangerous activity. I absolve all persons and organizations associated with the Canadian National Marathon races from Liability or damages of any nature that my child or I sustain from any cause whatsoever associated with the races.”

 Signature of participant and signature of parent or guardian if applicable