

CANADIAN MASTERS SPRINT CHAMPIONSHIPS RULE BOOK



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1. General Rules

- 1.1. The CKC Sprint Racing Discipline Competition Rule Book will apply with the exceptions applying specifically for the Canadian Masters Canoeing Championships noted as follows.
- 1.2. International participation will be encouraged, participants from nations other than Canada must be registered with their respective National Federation.
- 1.3. All Canadian participants must be registered with CKC in the sprint discipline.
- 1.4. All participants must submit a signed waiver ahead of the start of competition.

2. Club Colours

- 2.1 Every competitor must wear their club singlet.
- 2.2 For crews designated as a club crew, all members must wear that particular club's racing singlet.

2.3 Athletes in 50/50 or more composite split Multi-Club Crews must wear their own club singlet when racing. Multi-Club Crews are noted in the entries as “Mixed” for the name of the club.

3. Russ Dunn Costume Salute

- 3.1. In honour of CanMas founder Russ Dunn at lunch break during CanMas the Russ Dunn Doubles Costume Salute will be run (K-2 or C-2, same sex or mixed).
- 3.2. The Doubles Costume Salute will be worth a bonus 10 points to the club deemed to have the best costumed crew from a panel of 3 judges.
- 3.3. The costume must be related a theme communicated no later than one month before the competition, and will be judged on originality, effort and stability in the boat. Only 1 crew per club may participate and the event does not count towards the number of races.

4. Distances

- 4.1. All races will be 200m, with the exception of Singles, which will have both a 200m and a 500m event, and War Canoe Events which will be 500m.

5. Race Limits

- 5.1. Each athlete is allowed to participate in 6 races (any) + 1 additional mixed war canoe + 1 additional same sex war canoe (Men’s or Women’s). Entries will be forfeited if athletes are entered in more than the maximum allowed

- 5.2. Clubs are allowed to enter 3 crew's maximum per race.
- 5.3. If a club wishes to enter additional paddler(s) above the 3 crew maximum in their singles age category of their age only (not racing down), these names can be submitted to the Director of Development prior to the entry deadline. If lanes are available in a race for a given age category, additional entries will be drawn at random to fill open lanes. No additional races will be added to accommodate these random entries. Random entries if selected, must be raced and count to the race limit.
- 5.4. If there are less than four entries received for a given race, the entries may be placed in the next youngest class and will assume the new time of that event. The decision to combine age classes will be made with the goal of keeping the race day a manageable length, and will rest with the CKC Director of Development.

6. Timed Heats and Seeding

- 6.1. CanMas will use times heats when there are more than 9 competitors in each event. The times will be ranked across all the heats to determine the outcome of that event.
- 6.2. Clubs with more than one entry in any particular event should list their entries as 1, 2, 3 with the best entry being #1; this way, the competitors can be seeded properly. Note that the CKC Director of Development may need to override seeding to accommodate the entries in the essence of race spacing.
- 6.3. Coaches must ensure that they submit only qualified entries. A qualified crew will have raced or trained in the type of boat they are racing before the event.

7. Categories of Events

Category	A	B	C	D	E	F	G	H	I	J	K	L	M
Boats	25-29	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85+
Doubles (M/W/Mixed)	25-34		35-44		45-54		55-64		65-74		75-84		85+
Trials (M/W/Mixed)	25-34		35-44		45-54		55-64		65-74		75-84		85+
War Canoe (M/F/Mixed/Novice)	25+				45+								
Para/Va'a/Surf Ski M/W	25+												
Novice	25-44				45+								

*All CKC Sprint Rule Book Boat Specifications will apply with the exception of:

Rule 2.20 (l) The boat is to be designed as to be a sit-in (Kayak type) not a sit-on (Surf Ski type).

This means that sit on top type boats will be permitted in Kayak events only if they meet all the other specifications for sprint boats including length.

**A Surf Ski Open will be raced (ABCD 25-44 and E+ 45+) in which Sit-On Top type Kayaks will be permitted with no restrictions. As a trial in its first year, this event will be raced for medals but not Burgee Points.

*** Va'a C-1 (ABCD 25-44 and E+ 45+) will be raced. As a trial in its first year, this event will be raced for medals but not Burgee Points.

**** A Va'a Para C-1 will be raced for both medals and Burgee Points.

8. Age Category

8.1. Average age will apply to determine all Crew categories except Novice War Canoe which may or may not be run depending on entries.

- 8.2. The age category will apply according to the age attained during the current year.
- 8.3. Proof of age is required. This is to be submitted with the CKC registration for the first year the participant enters the Masters Class. If a member of another National Association, then proof of age must accompany the entry form the first year the participant enters the Masters Class.
- 8.4. Novice paddlers are first year paddlers only. Novices are NOT those athletes who raced in previous years in sprint canoe/kayak (CCA or CKC Championships) and are now racing Master.

9. Fees

- 9.1. General Registration with CanMas is \$16.50. In addition, there is a \$5 charge for each event entered.

10. Entry Process

- 10.1. CanMas race registration will be via Padtrac. Access to Potrac shall be coordinated between clubs and the Director of Development.
- 10.2. Support for the entry process will be provided by the director of development and through a Pad Trac 101 document available on the CKC website.
- 10.3. An invoice will be emailed to each club following the receipt of entries.

- 10.4. Fees will be due to “Canoe Kayak Canada” before the start of CanMas Competition, payment information will accompany the invoice.
- 10.5. The CanMas Draw will be circulated, at minimum on week before the competition date. Issues should be brought to the attention of the Director of Development.
- 10.6. The Scratch Meeting will be held on the morning of CanMas at 7:00 am.
- 10.7. In the event of a scratch, the entry fee will be forfeited.
- 10.8. There will be no post entries after the entry deadline.
- 10.9. Entry in back to back events are not allowed and will not be accommodated, should an athlete become conflicted with back to back events through the process of making the CanMas Draw. The athlete will be given the option of scratching either race, with the fee being returned in this specific case.

11. War Canoe

- 11.1. War Canoe lists must be submitted to the National CanMas Coordinator or CKC Rep with the club entries
- 11.2. War Canoe Entries will be forfeited if these lists are not submitted.
- 11.3. War Canoe coxswains must be ELCC certified or in receipt of their Level I coaching certificate.
- 11.4. A mixed War Canoe must have at minimum 6 female paddlers to count as mixed.

12. Mixed Club Crew Boats

- 12.1. Tandem Entries with members from two different clubs will be deemed Mixed Entries and will not count for points.
- 12.2. Four Boat Crews with 3 members from Club A, and 1 member from Club B will count for points for Club A and be eligible for medals.
- 12.3. Part of the Spirit of CanMas is encouraging participation in crew boats for those that may not have partners at their home club allows for some mixed club crews. The following rules govern the creation of mixed club crews.

Tandems

- 12.4. If a club is missing a partner for a Tandem, a “Need Partner” entry can be submitted on PadTrac as the second crew member.
- 12.5. Working with other Clubs a partner for a crew in need, in each age category, or as close to it as possible, will be assigned at or before the scratch meeting
- 12.6. The submitting club/coach will be responsible for the entire entry fee and collecting from an assigned partner will be individual/club’s responsibility.
- 12.7. The fee for the boat will be refunded if you do not get a partner. 50/50 composite Multi-Club Crews will be designated as “Multi-Club Crews” and will not be eligible for medals or points.

Fours

- 12.8. If a club needs a crew member(s) to complete a Four Boat, “Need Partner” entries can be submitted on PadTrac to fill a crew entry.

- 12.9. Working with other Clubs partners for a crew in need in each age category, or as close to it as possible, will be assigned at or before the scratch meeting
- 12.10. The submitting club/coach will be responsible for the entire entry fee and collecting from an assigned partner will be individual/club's responsibility.
- 12.11. Four Boat crews with 3 members from Club A and 1 from Club B will count as racing for Club A, with medals and points awarded.
- 12.12. Four Boat crews with 2 members from Club A and 2 members from Club B will count as Multi-Club Crews, they will not be eligible for medals or points.
- 12.13. Four Boat crews with members from 3 or more clubs will count as Multi-Club Crews, they will not be eligible for medals or no points.

War Canoes

- 12.14. Ten or more competitors from the same Club constitute a War Canoe. (Women can be part of the 10 in a male crew). The crew can then be filled out with up to four drawn names at the time of the regatta. You cannot fill out the crew with members of another Club prior to this.
- 12.15. Clubs with athletes interested in racing in War Canoe with another club should indicate this before the entry deadline to the Director of Development.
- 12.16. At large War Canoe races will be assigned to crews with openings working with club coaches.
- 12.17. The War Canoe Entry fee is the responsibility of the registering club.

13. Points & Burgee

Points will be awarded from first to ninth place based the following point distribution:

Postion	Singles Doubles Fours	War Canoe
1	10	20
2	8	16
3	7	14
4	6	12
5	5	10
6	4	8
7	3	6
8	2	4
9	1	2