



Sprint Coaches Technical Committee Report

Ryan Blair

2020 was a unique and challenging year for the paddling community throughout Canada. The dramatic impact that the pandemic has had on our programming and activities has also created opportunities to improve our current practices and develop new initiatives to support the community. I want to congratulate clubs and coaches for their resiliency and perseverance and especially for their innovation in providing modified programming. I also want to give a big thank you to the CKC staff for their leadership and support.

COVID-19 Response

Our focus was to keep coaches coaching and athletes engaged. CKC's Response Plan, Mental Health Awareness Guide, and Club & Coach town hall meetings provided the tools and resources needed to navigate through this period of uncertainty.

Professional Development

Pre COVID-19, a working group was created to review and update our coach education curriculum. CKC staff and the Coaches Association of Canada (CAC) are working towards implementing those changes into our Coaching Pathway.

Due to the pandemic, delivery of our coach education was modified and presented in an online platform in many regions across the country. Post COVID-19, a blended approach of both in-person and virtual learning will enhance the transfer of knowledge.

CKC's 'Connect with CKC' was an excellent addition this year. The webinar series provided expert learning for the paddling community on a variety of topics including technical development, health, fitness, and mental well-being.

National Coaching Association and Coaching Representation

After review of the roles of the Coaching Representatives on the various committees, the Coaches Technical Committee (CTC) and the National Coaching Association (NCA), the following responsibilities are recommended:

- Coaching Representatives
 - Provide technical support on the HPC, DDC, OC and SRC.
- CTC
 - Provide technical support to committee's and CKC staff as needed.
 - Promote the professionalism of Canoe Kayak coaches in Canada.
 - Promote a safe, inclusive sporting environment for all participants.

- Encourage a commitment to lifelong learning.
- CKC member coaches (NCA)
 - Review annual Coach Representatives' reports.
 - Appoint Coach Representatives.
 - Set annual objectives for the CTC.
 - Provide support to CTC to achieve objectives.

Finally, I would like to thank our Coach Representatives Cheyanne Farquharson (DDC), Christian Hall (OC), and Jeff Houser (HPC) for their efforts throughout the year.

Ryan Blair
CTC Chair