

**CANOE KAYAK CANADA  
WHITEWATER/MARATHON: RECAP OF 2020 SEASON SURVEY RESULTS**

**1) What province/territory are you from / À quelle division appartient votre club?**

- Alberta: 6
- British Columbia / Colombie Britannique:1
- New Brunswick / Nouveau-Brunswick: 1
- Newfoundland & Labrador / Terre-Neuve-et-Labrador: 1
- Nova Scotia / Nouvelle-Écosse: 1
- Ontario: 7
- Quebec / Québec: 1
- Saskatchewan: 1
- Yukon: 1

Total= 20 WW/Marathon responses

**2) I am a / Je suis**

- Coach: 2
- Commodore/Administrator: 10
- Head Coach/Administrator: 4
- Volunteer / Bénévole: 4

**3) Did your club have a formal strategy for responding to COVID restrictions? / Votre club avait-il une stratégie formelle pour répondre aux restrictions liées à la COVID?**

- Yes/Oui : 16 : 80%
- No/Non : 4 : 20%

**4) If 'yes', what was that strategy? / Si oui, veuillez décrire votre stratégie :**

**Common Themes :**

- respecting provincial and municipal guidelines
- guidance from provincial leads and CKC
- offer programs to best of their ability
- Supporting community
- Fiscal management
- Planning for future
- Innovation

**Common Practices :**

- Social distancing, cohort partnering/reduced cohort size, drop off and pick up zones and staggering, mostly outdoor activity
- Sanitizing hands & equipment, mask wearing, using personal equipment
- Cancelled youth paddling programs, cancelled in-person meetings, limited enrollment
- Pre-screening

5) Were you able to run a full slate of paddling programs this summer? / Avez-vous pu offrir une programmation de canotage complète cet été?

- Yes/Oui : 9
- No/Non : 11

6) If 'no', what did you not run and what was your rationale? / Sinon, quels programmes n'étaient pas offerts et pourquoi?

- No beginner programs/school programs/Special Olympics
- No team boats/reduced dragon boat program
- Reduced numbers participating, reduced number of trips
- No races
- Late start

Rationale:

- Cannot maintain 2m for rescues/team boats
- Risk with shuttles
- Less volunteers
- Schools cancelled
- Regulations on group sizes

7) What modifications did you make to your programming? / Quelles modifications avez-vous apportées à votre programmation?

- Cancelled all beginner programs/school and youth programs, no drop-in paddlers
- No races/regattas, No first aid courses/swift water rescue course
- Social distancing protocols: no crew boats, dock restrictions, no mixing of age groups, more sessions, smaller groups, limited enrollment, scheduled sessions, separate family shuttles, less gym workouts
- Hand washing/sanitizing hygiene, mask wearing, use of same equipment all season
- Day camps:
  - coaches had max # of athletes that they stayed with all week in separate space
  - Half day camps
- Extra staff
- Sign in when at facility
- Modifications to avoid rescues as much as possible

8) Did these modifications have an impact on your staffing? / Ces modifications ont-elles eu des conséquences par rapport à votre personnel?

- Yes/Oui : 10
- No/Non : 9
- Not applicable/Ne s'applique pas : 1

9) If 'yes', describe the impact. / Si oui, veuillez indiquer les conséquences.

- More staff/volunteers needed & increased workload & hours (more sessions, more cleaning, more time monitoring/ensuring protocols being followed)

- Less volunteers/staff due to risks, less programming.

**10) Did these modifications have a financial impact? / Ces modifications ont-elles eu des conséquences par rapport à vos revenus?**

- Yes/Oui : 16 : 80%
- No/Non : 4 : 20%

**11) If 'yes', describe the impact. / Si oui, quel a été l'impact financier?**

- Negative impact: Extra staff & hours so increased payroll, costs for additional equipment, cleaning supplies and PPE, less participants so less revenue, no fundraising events, fewer group bookings

**12) How were your competitive numbers impacted by the pandemic? / Le nombre de membres compétitifs a-t-il augmenté ou diminué par rapport à 2019?**

- Decreased / Diminué: 6 : 30%
- Increased / Augmenté: 5 : 25%
- Not Applicable / Ne s'applique pas : 3 : 15%
- Stayed the same / N'a pas changé: 6 : 30%

**13) How were your overall membership numbers impacted by the pandemic? / Le nombre de membres généraux a-t-il augmenté ou diminué par rapport à 2019?**

- Decreased / Diminué: 7 : 35%
- Increased / Augmenté: 8 : 40%
- Stayed the same / N'a pas changé: 5 : 25%

**14) Did you attend any of the CKC Covid information sessions? / Avez-vous participé aux séances d'information COVID de CKC?**

- Yes / Oui: 13 : 65%
- No / Non: 7 : 35%

**15) Which sessions did you attend? / À quelles sessions avez-vous assisté?**

- Virtual Town Hall / Assemblées publiques virtuelles: 10
- Coaches Meeting/ Réunion des entraîneurs: 9
- Connect with CKC Webinars / Webinaire(s) « Restez en contact avec CKC »: 9

**16) Did you find these sessions helpful? / Avez-vous trouvé ces sessions utiles?**

- Yes/Oui : 12
- No/Non : 1

**17) Did your coaching staff attend online Coaching Education programs during the shutdown? / Vos entraîneurs ont-ils participé à des programmes de perfectionnement des entraîneurs en ligne pendant la fermeture?**

- Yes / Oui: 10 : 50%
- No/Non: 8 : 40%
- Not aware/ Je ne sais pas: 2 : 10%

**18) Who offered these programs? / Qui offrait ces programmes?**

- CKC: 3
- Club: 1
- Division/Province: 3
- I do not know / Je ne sais pas: 1
- Other / Autre: 2

**19) How did you access your Provincial Health guidelines for return to sport? / Comment avez-vous accédé aux lignes directrices de votre santé publique provinciale pour le retour au sport?**

- Government/provincial website
- Consultation with province/public health/city
- Provincial sport organization

**20) How did Covid-19 impact the size of your HP training group once on water training was permissible? / Comment la COVID-19 a-t-elle affecté votre groupe d'entraînement HP lorsque les entraînements sur l'eau ont pu reprendre?**

- Smaller Group / Groupe plus petit: 5 : 25%
- Status quo / Statu quo: 8 : 40%
- Not Applicable / Ne s'applique pas : 7 : 35%

**21) Did you take advantage of any of the following government programs? / Avez-vous bénéficié de l'un ou plusieurs des soutien du gouvernement fédéral?**

- Canada Emergency Business Account / Compte d'urgence pour les entreprises canadiennes : 3
- Canada Summer Jobs Program : 9
- Provincial/Territorial Support Programs / Programmes de soutien provinciaux/territoriaux : 4
- Canada Emergency Wage Subsidy / Subvention salariale d'urgence : 4
- Temporary Wage Subsidy for Employers / Subvention salariale temporaire pour les employeurs : 2
- Other : 2
- None : 10

**22) Did your club undertake any fundraising activities? / Votre club a-t-il entrepris des activités de financement (collecte de fonds etc)?**

- Yes/Oui: 5 : 25%
- No/Non: 14 : 70%
- Not Aware / Je ne sais pas : 1 : 5%

**23) If yes, please describe them and the outcome. / Si oui, veuillez les décrire ainsi que le résultat.**

- Bottle drive (modified and smaller)
- Online fundraisers (FlipGive, Amazon Associates)
- Raffle
- Coffee Fundraiser
- City garbage pick up
- Selling tree seedlings
- Donations from members

**24) How did changes to the competition schedule affect your athletes? / Comment les changements au calendrier de compétition ont-ils affecté vos athlètes?**

- Negatives: athletes quitting or taking a year off, less motivated, lower sense of purpose for training, sad to miss out on competitive opportunities, rusty when competing, reduced training time
- Positives: trained harder due to more time, still very motivated, focus on technique and saw great improvement

**25) What gaps need to be filled because this season was different? / Quels besoins ont dû être comblés en raison des changements de la saison?**

- Regatta schedule that allows balance to training and competing
- Ensuring we get high enrollment, retaining competitive paddlers, keeping motivation high throughout fall and winter
- Fundraising ideas, more funding
- Increased domestic events/comps and international travel if possible, possible Springc camp in Canada
- More coach training opportunities
- More CKC education on how paddling is a minimal risk sport
- More tools to keep in touch with athletes
- More practical points for returning to competition

**26) How can CKC work to help fill these gaps? / Comment CKC peut-elle aider à répondre à ces besoins?**

- Promotion of our sport and different types of paddling
- More races next year
- Continue with webinars
- Reach out and connect with the whole country
- Give information on funding/grant opportunities, financing as possible

- Assessment of risks associated with paddling in groups for clubs, school boards, teams
- Apps/software to help coaches plan and share training programs, monitor athletes
- Work with PSO's to support opportunities
- Winter training camp abroad

**27) List 3 positive things that happened as a result of the COVID restrictions this summer. / Indiquez 3 choses positives qui sont arrivées en raison des restrictions liées à la COVID cet été.**

Programming:

- Strong bond between athletes
- Increased number of sessions
- Lots of interest/higher enrollment in day camp/recruited from other sports
- Energy at the club
- Improvement
- Better coach: paddler ratio
- Video gym
- Booking system worked well

Staff/Coaches/Volunteers:

- Focus on coaching
- Volunteers able to recharge/paddle themselves
- Reevaluation of programs/made changes to improve
- Exposed the sport
- Coaching from elite athletes
- Role models at the club
- Younger staff hired
- Coach/official education
- Resiliency of staff

Other:

- Club projects were completed
- Parents supportive and trust us, took lessons
- Increased momentum for WW park development
- CKC webinars
- Realized the important social aspect of competition/training
- Incredible division/national support
- Interviewing top athletes/coaches around the world

**28) Describe 3 improvements you saw specifically in your club HP programs during the period of May - August that would not have occurred if not for Covid-19. / Veuillez indiquer trois améliorations que vous avez remarquées dans les programmes HP de votre club pendant la période de mai à août qui n'auraient pas eu lieu sans la COVID.**

- Determination to train
- Online team building, virtual workouts/training
- Technical/Tactical development of athletes, long term improvement (not just regatta prep)
- NextGen team closing gaps to senior team
- Interest in Masters

- Stable coaching and training

**29) List your 3 greatest challenges from this summer. / Indiquez 3 de vos plus grands défis de l'été.**

- Balancing budget/financial deficits (loss of revenue from clubhouse rentals, no school/youth programs)
- Shuttles
- Maximizing number of training days
- Running race simulations
- Turning people away that wanted to paddle
- Poor weather conditions
- Adequate amount volunteers, equipment, coaches
- Uncertainty/uncertainty of 2021 season
- Communication with parents
- Changing plans/organizing
- Implementing & enforcing covid measures, keeping a fun but safe environment
- No international races or training, no benchmarks or comparison with international athletes
- No gym access
- Signing memberships and waivers virtually

**30) What modifications are you planning for winter training? / Quelles modifications allez-vous apporter à votre entraînement pendant l'hiver?**

- Covid policies as in summer
- Strength training at home or following protocols in club
- Decreased indoor group activity, more outdoor training (XC skiing, snowshoeing)
- Training camps in BC
- Pool sessions probably won't happen - will try
- Video gym sessions
- Weekly video chats

**31) What concerns do you have for the 'off' season? / Quelles sont vos inquiétudes pour la saison « morte »?**

- Indoor training, limited access to pools and gyms (cost, restrictions etc)
- Keeping athletes motivated/interested, athletes quitting
- Trying to create competition experiences
- Paddlers losing fitness levels, losing skills
- Maintaining social functions

**32) On a scale of 1 - 5, with 1 being 'extremely unlikely' and 5 being 'for sure', how likely is it your athletes will attend a warm weather training camp in the spring of 2021? / Sur une échelle de 1 à 5, 1 étant «extrêmement improbable» et 5 étant «sûr», quelles sont les chances que vos athlètes participent à un camp d'entraînement en eau chaude au printemps 2021?**

- 1-> 9 : 45%

- 2-> 3 : 15%
- 3-> 5 : 25%
- 4-> 2 : 10%
- 5-> 1 : 5%

**33) What concerns do you have for the 2021 season? / Quelles sont vos inquiétudes pour la saison 2021?**

- Stricter policies, no vaccine/more cases
- Normal operating in 2021
- Need regional race with CKC presence
- Difficulty planning training camps and competition, not having camps and competition, not having international events
- Recruiting members
- Money to help offset training costs

**34) What can CKC do to help address your concerns? / Qu'est-ce que CKC peut faire pour vous aider à régler vos inquiétudes?**

- Continue to be supportive and informative: communicate tools, events, funding opportunities timely and clearly
- Support WW park development (no shuttles = less risk)
- Support athletes and coaches no matter where they are located
- Be flexible and have an open mind
- Involve PSOs and disciplines in discussions so that there is understanding of decision making or delayed decision-making process
- Keep CKC staff physically and mentally healthy
- Offer spring training in warm areas of Canada
- Promotion of the sport
- Communication with ICF-make sure events are safe

**35) Covid-19 required ongoing changes throughout the summer and forced an increase in communication between clubs, provinces/territories and CKC. Do you feel that the information was timely and informative? / La COVID-19 a demandé des changements continus pendant l'été et a forcé une augmentation des communications entre les clubs, les provinces et CKC. Trouvez-vous que l'information fournie était opportune et instructive?**

- Yes / Oui: 19 : 95%
- No / Non: 1 : 5%

**36) If no, what changes would you recommend? / Sinon, quels sont les changements que vous recommandez?**

- Simplify-documents too complicated. Date documents so we know the version