



**CANOE KAYAK
CANADA**

**It's Who We Are.
C'est Notre Nature.**

2022 CANADA CUP EAST

CKC and the Rideau Canoe Club are excited to invite you to compete at the 2022 Canada Cup East! We are looking forward to welcoming you back to Nation's Capital to celebrate Canada Day with high quality racing for international, national, provincial, and club level athletes. See below for more details.



Website for event details: <https://canoekayak.ca/event/canada-cup-east/>

Dates and Location:

July 1-2, 2022
Ottawa, ON

The 2022 Canada Cup tour will kick off with Canada Cup East taking place in Ottawa, ON from July 1-2, 2022. The regatta will take place at the Rideau Canoe Club (804 Hog's Back Road, Ottawa, ON) on Mooney's Bay.

Competition Specifics

This event is open to all International, Provincial, Divisional and club teams. Please note however, that there will be a priority placed on entries from International, Provincial/Territorial and Divisional teams first in advance of accepting club entries. If after the priority entries have been allocated lanes there are not sufficient lanes to accept all club entries, we will look to see what might be possible in the schedule to accommodate the additional entries. It may be that not all club entries can be accommodated for every event.

In order to participate, all Canadian entrants must be registered with a CKC (SRD) member club for the 2022 season and must be "in good standing" with CKC and their member club. Any international competitors must be in good standing with their organizations and may only be registered by those organizations.

As this is a CKC sanctioned event, all participants, coaches and volunteers must abide by CKC's Policies and all coaches and volunteers must have been Screened according to their position. Please refer to [CKC's Policies here](#), as well as information on [CKC's Screening Policy here](#), and the [process here](#).

Coaches meeting

There will be a coaches meeting on Thursday, June 30th at 5:00pm in the gym at the Rideau Canoe Club.

Boat numbers

Boat numbers will **only** be provided for the 5000m events. Otherwise, the organizing Committee **will not** be responsible for providing boat numbers. Participating teams and athletes will be responsible for providing their own regulation size boat numbers.

Communication at event

We will be using WhatsApp to communicate any updates at the event. Please join the **Coupe Canada Cup East/Est** WhatsApp chat to receive event updates and reminders directly to your cell phone via the mobile app during the competition. To join the chat, please follow the instructions below:

If you DO NOT have WhatsApp:

1. Download WhatsApp on your phone.
 - Download from the App Store (iPhone) or Play Store (Android) on your phone

OR

 - Visit <https://www.whatsapp.com>
1. Open WhatsApp and follow prompts to set-up account.
2. Close app and click link below on your phone to join the Coupe Canada Cup East/Est group chat.
3. Confirm your settings are set-up to receive notifications for new messages.
 - Open WhatsApp and click on *Settings* button. Click *Notifications*. Turn on *Show Notifications* for Group Notifications.
 - <https://chat.whatsapp.com/IYeygzijWRgFvo1MnP5jmN>

If you already have WhatsApp:

1. Click link below on your phone to join the Coupe Canada Cup East/Est group chat.
2. Confirm your settings are set-up to receive notifications for new messages.
 - Open WhatsApp and click on *Settings* button. Click *Notifications*. Turn on *Show Notifications* for Group Notifications.
 - <https://chat.whatsapp.com/IYeygzijWRgFvo1MnP5jmN>

This is a free app, but please note it requires Wi-Fi or internet. For more information on WhatsApp, please visit their website: <https://www.whatsapp.com>

Waivers:

- Participant waivers and the method of distribution/collection will be communicated at a later date.
- Any Paracanoe athlete that has strapping in their boat must ensure they have completed a [Strapping Waiver](#) and has their coach bring this to the Coaches Meeting on June 30th at 5:00pm to give to the Chief Official.

Site Logistics

Parking

- Only boat trailers will be allowed on the field
- Parking for spectators or additional vehicles: please consult the information available on the Rideau Canoe Club website here: <https://www.rideaucanoecub.ca/parking.html>

Zones

- There will be separate Athlete and Spectator Zones. Details will be posted on the website.

Security

- There will be security on site, details to follow.

Vendors

- CKC sponsor vendors will be onsite with merchandise. As details become available, we will post this information on the website.

Accommodations:

Note that the city is very busy this weekend due to Canada Day festivities. It is encouraged to look for accommodation options surrounding the event as soon as possible.

Fees

Each participant will be charged a fee of \$80.00.

This fee includes a participant t-shirt, awards, security and competition logistics. Any participants in the PaddleALL category will not be charged this fee but will receive a participant t-shirt and will be eligible for awards.

Teams are expected to have full payment made prior to or at the coaches' meeting. Details for payment will be sent to each team after registration.

List of Events

The following is a list of available events for Canada Cup East. Please note that this is subject to chance based on registration.

2022 Canada Cup East List of Events												
Event	Distance	Men				Mixed			Women			
		Open	Open Para	U18	U16	Open	U18	PaddleAll	Open	Open Para	U18	U16
K-1	200m		✓					✓ (tourist class)	✓	✓		
K-1	500m	✓		✓	✓						✓	✓
K-1	1000m			✓	✓				✓		✓	✓
K-1	5000m	✓							✓			
K-2	200m											
K-2	500m	✓		✓	✓	✓			✓		✓	✓
K-2	1000m	✓		✓	✓				✓		✓	✓
K-4	200m	✓							✓			
K-4	500m	✓		✓	✓				✓		✓	✓
Va'a	200m		✓							✓		
C-1	200m								✓			
C-1	500m	✓		✓	✓						✓	✓
C-1	1000m			✓	✓				✓		✓	✓
C-1	5000m	✓							✓			
C-2	200m											
C-2	500m	✓		✓	✓	✓			✓		✓	✓
C-2	1000m	✓		✓	✓				✓		✓	✓
IC-4	200m	✓							✓			
IC-4	500m	✓		✓	✓				✓		✓	✓
C-15	500m					✓						

A draft race schedule is also attached. Please note that any updates to this will be communicated as soon as possible.

Event Registration:

Registration will be done through the Ramp Database. Please note the information below as the registration for this event is different than that for Trials.

In order to be able to enter athletes in the event, they must have been directly registered or imported into their own Sprint club's Ramp database. We recommend that this step be completed as soon as possible for those athletes who will be entered into Canada Cups.

Instructions on the importing of athletes to the Ramp database have been sent to the Canadian clubs and can be found on CKC's website [here](#) under the section "Importing Instructions". Please ensure this step is completed prior to submitting your team's registration.

For any US entry, please work with [Kenna Robins](#) and [Jessica Kenney](#) separately on the registration process.

Registration will open the week of June 13th. Information will be sent shortly on this process.

Event registration will close on June 22nd, 2022, unless otherwise communicated. Any waivers to be completed by participants will be distributed (process to be determined).

The draw will be posted on the CKC website before **June 29th, 2022**.

Results:

CKC will be using the ImmediaC results App for draws and results.

CKC Safe Sport Policy

Please be reminded that any coach, volunteer or official attending the Canada Cup falls under our CKC Safe Sport policy and therefore must be screened and trained according to your position (Screening matrix can be found [here](#)).

Please refer to the following [link](#) on the CKC website for the complete steps to follow.

Any questions? Please contact:

Jessica Kenney: jkenney@canoekayak.ca

THANK YOU!