

**ENGLISH VERSION**



**CANOE KAYAK  
CANADA**

**SPRINT RACING DISCIPLINE  
COMPETITION RULES  
2024-2026**



# **SPRINT RACING DISCIPLINE COMPETITION RULES**

For the convenience of users of this Rulebook, substantive changes approved by the December 2024 Annual Meeting of the Discipline, the December 2024, and the June 2025 Sprint Racing Council meetings are **bolded and underlined.**

All rule changes take effect immediately following the conclusion of the Sprint Racing Division Annual Meeting, December 7, 2024 and the June 9, 2025 SRC meeting unless explicitly stated otherwise (example, **rules that are to come into effect for 2026 are highlighted in yellow).**

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# COMPETITION RULES

## Sprint Racing Discipline of Canoe Kayak Canada

# DEFINITIONS

For the purpose of these rules, the following definitions are made:

**Canoe Kayak Canada Long Distance National Championships** - the annual national championships of the Sprint Racing Discipline for long distances: e.g. up to 10,000 metres.

**Canoe Kayak Canada Sprint National Championships** - the annual national championships of the Sprint Racing Discipline for short and long distances: e.g. 200 metres, 500 metres, 1000 metres and 6000 metres.

**CKC** - Canoe Kayak Canada (Legal name of the Association)

**Council/SRC** - Sprint Racing Council of CKC

**DDC** - Domestic Development Committee of the Council

**Fiscal Year of the Association** - to be as defined from time to time by the CKC Board of Directors, and currently April 1 to March 31.

**HPC** - High Performance Committee of the Council

**ICF** - International Canoe Federation

**IOC** - International Olympic Committee

**Member/Member Club** - CKC Paddling Association Member with voting rights in the sprint racing discipline as per Section 2.1b of the CKC Bylaws and Section 3 of the SRC Rules of Structure

**NOC** - National Officials Committee

**Registrant** - individual who is a member of a CKC Paddling Association member club with voting rights in the sprint racing discipline

**SRD - Sprint Racing Discipline**

Words importing the singular include the plural and vice versa, and words importing the masculine include the feminine, and vice versa.

# I GENERAL

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## 1.00 USE OF COMPETITION RULES

The Competition Rules contained herein shall be observed at all events sanctioned at all Sprint Racing Discipline events sanctioned by CKC.

## 1.01 AMATEUR STATUS

An amateur competitor is a person who is in compliance with the amateur status statutes, regulations, rules, directives and policy statements of both the International Canoe Federation and the Canadian Olympic Committee.

## 1.02 REGISTRATION

### (a) New Competitors

(i) All new competitors competing under the jurisdiction of the Sprint Racing Discipline of the Association must secure a registration number. The registration number will be supplied by the Sprint Racing Council of the Association, via the registration software designated by CKC.

### (b) Renewal

A returning competitor must renew their registration number as a registrant of a Member Club via the registration software designated by CKC.

### (c) Eligibility

All competitors must have a valid registration number before competing in any sanctioned local, divisional, provincial, or national Regatta and also for National Team Trials.

### (d) Registration Fee

All competitors will be assessed a registration fee, based on the approved Fee Schedule.

Such Fee Schedule will be determined by CKC and approved by the CKC Board prior to February 15.

### (e) Registration, Collection and Deadline

(i) The Division shall be responsible for the enforcement of the registration rules.

(ii) The National Office of the Association will accept all applications for registration, new and renewal, until 21 days prior to the first day of the Canoe Kayak Canada Sprint National Championships and/or the Canoe Kayak Canada Long Distance National Championships. Only those competitors who are properly registered as

participants of the allowed registration categories will be eligible for entry to said Championships.

(iii) Registrations for participants in the registration categories eligible for the CKC Sprint National Championships after the deadline may be considered. The DDC will review all requests for late registrations and, if accepted, will be subject to a penalty fee on top of the registration fees. Any such penalty fees will be applied to the club. No requests for late registrations will be entertained for athletes transferring clubs or for incoming international athletes.

(iv) The National Office of the Association will invoice each club as required in the collections of the registration fees.

(f) **Expiration**

The CKC competitive annual registration expires on March 31<sup>st</sup> of the year following the competitive season.

**1.03 CLUB COLOURS**

(a) Club colours worn by competitors at competitions sanctioned by Canoe Kayak Canada shall only be those colours, and in the pattern and up to two (s) styles, both approved by the DDC. Examples of styles may include singlet, short sleeve shirt, long-sleeved shirt. If a club were to propose 2 styles, the pattern and colours must be the same for each style. Note that all competitors in a crew boat must wear the exact same style.

(b) Any change to the pattern or colours to the club or racing jerseys must be approved by the DDC, and written application for such must be submitted to the DDC not later than March 1st of the year in which the change is proposed to be made. The DDC will make a decision within 30 days of submission.

**1.04 CLUB ESTABLISHMENT**

(a) Regattas shall be open to all Member Clubs that have been duly admitted as a voting member in the Sprint Racing Discipline of the Association, have been organized three (3) months prior to the holding of the Regatta and have paid their annual dues to the Sprint Racing Discipline of the Association. Entries of individuals will not be received.

(b) Associate Member Clubs, as defined in the SRC Rules of Structure of the SRC (section 3) are not permitted to compete in any sanctioned Divisional regattas. They are also not permitted to compete in CKC-SRD nationally sanctioned events including the National Sprint Championships, Canmas or National Team Trials.

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**1.07 DOPING CONTROL**

- (a) The Canadian Policy on Doping in Sport and the Canadian Doping Control Regulations apply to all competitors;
- (b) Where it has been determined that a competitor has committed a Doping Infraction or a Doping-Related Infraction, the race results of any regatta or other canoe racing event that he or she was competing in on the date of the sample collection in the case of a Doping Infraction, or on the date of the competitor's refusal or failure to comply with Doping Control Procedures in the case of a Doping Related Infraction, or competed in subsequent thereto, shall be recalculated so that in each event the competitor raced in, either alone or in a crew boat, including as a Captain in a War Canoe, the boat in which the competitor raced shall be treated as if it did not finish the race. Any prizes or awards shall be re-presented or re-awarded as appropriate. This recalculation of race results shall also apply in the case of Doping-Related Infractions which are other than a refusal or failure to comply with Doping Control Procedures, and in the case of such other Doping Control Infractions the recalculation shall be from the date the decision of the Doping Control Review Panel determines that the Doping-Related Infraction was committed.
- (c) All regattas and other racing events under the jurisdiction of the Sprint Racing Discipline of CKC, be they at the Club, Division, or National level, shall honour the letter and spirit of any and all sanctions and suspensions pending hearing in effect pursuant to the CKC Anti-Doping Policy and Doping Control Program.

# II CLASSES AND EQUIPMENT

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In determining the eligibility of entries in the various events, Class status shall be determined as follows:

- 2.01 U10**  
A U10 competitor shall be under 10 years of age on the 1st of January of the year of the competition. All U10 events shall be at a distance as determined by the Division.
- 2.02 U12**  
A U12 competitor shall be under 12 years of age on the 1st of January of the year of the competition. All U12 events shall be at a distance as determined by the Division.
- 2.03 U14**  
A U14 competitor shall be under 14 years of age on the 1st of January of the year of the competition. All U14 events shall be at a distance as determined by the Division.
- 2.04 U16**  
A U16 competitor shall be under 16 years of age on the 1st of January of the year of the competition.
- 2.05 INTENTIONALLY LEFT BLANK**
- 2.06 U18**  
A U18 competitor shall be under 18 years of age on the 1st of January of the year of the competition.
- 2.07 JUNIOR CLASS**
- (a) A competitor shall be deemed to be a Junior Class competitor provided they have not qualified for Senior Status under the Senior Status rule.
- (b) A Junior Class competitor competing in the Junior or Senior events shall retain Junior Class status in each of the events providing the competitor has not accumulated a total of four (4) points in any one of them over two consecutive years at the Canoe Kayak Canada Sprint National Championships after receiving the initial points in that event, using the following point system:

**Junior Events**  
8 points for 1st place  
4 points for 2nd place  
3 points for 3rd place

**Senior Events**  
8 points for 1st place  
4 points for 2nd place  
3 points for 3rd place  
2 points for 4th place  
1 point for 5th place

- (c) Points as outlined in (b) will not be awarded to any competitors for the Open IC-4 events.
- (d) If, after attaining 1 to 3 points in an event, a Junior Class competitor does not accumulate a total of four (4) points in that event over the next two (2) Canoe Kayak Canada Sprint National Championships, the next following year the competitor shall be deemed to have zero (0) points in that event.
- (e) An age class competitor i.e., U10, U12, U14, U16 or U18, who qualifies for Senior status by the foregoing method of qualification shall still be allowed to compete within an age-permitted class. The competitor shall only be permitted to race Junior if and when his or her Senior status expires.

## 2.08 SENIOR STATUS

- (a) A competitor shall be deemed to be a Senior by accumulating a total of four (4) or more points at the Canoe Kayak Canada Sprint National Championships as outlined in the Junior Class rule; or by winning a Junior or Senior C15 event at the Canoe Kayak Canada Sprint National Championships. A competitor classed as Senior in a specific event as per the foregoing, shall revert to Junior status with zero (0) points in that specific event upon failing to gain one (1) point in that event for three (3) consecutive years at the Canoe Kayak Canada Sprint National Championships. Any competitor who is a member of the National Team in any one year shall be deemed to have gained the necessary one (1) point in all events that he or she is classed as a Senior in that same year, whether he or she competed at the Canoe Kayak Canada Sprint National Championships or not.

## 2.09 SENIOR STATUS C15

A Senior Status C15 competitor is a competitor who is a member of a winning Junior or Senior C15 event at the Canoe Kayak Canada Sprint National Championships. A competitor classed as Senior in the war canoe event as per the foregoing shall revert to Junior Class if the competitor fails to be a member of a winning Senior C15 crew for three (3) consecutive years at the Canoe Kayak Canada Sprint National Championships. The Captain of a C15 shall have no Class status.

## 2.10 MASTER CLASS

A Master competitor shall be 34 years of age or older on the first day of January of the year of the competition.

Any competitor who has competed as a member of the National Team in the previous year cannot race Master events in the discipline they raced for the National Team.

## 2.11 PADDLEALL

- (a) **Classification and Events**
- (i) The classification of PaddleAll (Intellectual Disability) competitors shall be in accordance with the Special Olympics Canada policies and procedures. **CKC may add additional PaddleAll classifications.**
  - (ii) **The classification of Special Olympics (Intellectual Disability) competitors shall be in accordance with the Special Olympics Canada policies and procedures.**
- (b) **All PaddleAll competitors must wear a noninflatable Government of Canada approved PFD at all times.**
- (c) **Guides**
- (i) **Guides are allowed to help direct athletes to the start line, direct them into their lanes, and provide assistance should it be needed to keep them aligned and at the line. Guides should not be holding onto the athlete's boat at the start line for an extended period of time. No coaching, other than verbal directional help is allowed.**
  - (ii) **Should an athlete require support during the race (after the start), the guide may follow the athlete and give verbal directional support (no other coaching or physical assistance allowed). At no time can the guide interfere with another athlete, official, or safety craft. Guides must not cross the finish line at any time and should leave the course only after the last athlete has crossed the finish line, always being aware to not interfere with other participants in the race.**
  - (iii) **The guides should be identified on the water with a bright 'safety vest' and/or deck plate. The deck plate (if used) should be blank and in a different colour so finish line judges can clearly identify that they are not in the race.**

## 2.12 PARACANOE

- (a) **Classification and events**
- (i) The classification of Paracanoes competitors, and the rules and protocols for specific equipment, shall be in accordance with ICF Paracanoes rules and regulations.
  - (ii) **Para General events shall be open to Para athletes that are not able to be classified (KL1, KL2, KL3, VL1, VL2, VL3, KUL1, KUL2, KUL3). Athletes may**

still need to submit medical documentation to be eligible.

- (iii) ICF Provisional Upper Limb Classification (Kayak only) events shall be open to eligible athletes that have gone through the ICF Provisional Upper Limb Classification (KUL1, KUL2, KUL3).

(b) Guides

- (i) Guides are allowed to help direct visually impaired (VI) athletes to the start line, direct them into their lanes, and provide assistance should it be needed to keep them aligned and at the line. Guides should not be holding onto the athlete's boat at the start line for an extended period of time. No coaching, other than verbal directional help is allowed.
- (ii) Should a visually impaired (VI) athlete require support during the race (after the start), the guide may follow the athlete and give verbal directional support (no other coaching or physical assistance allowed). At no time can the guide interfere with another athlete, official, or safety craft. Guides must not cross the finish line at any time and should leave the course only after the last athlete has crossed the finish line, always being aware to not interfere with other participants in the race.

2.13 **PROOF OF AGE**

All U10, U12, U14, U16, U18 and Master Class competitors shall provide proof of birth date to the Division upon registration with the Sprint Racing Discipline of the Association.

2.14 **BIG BOATS (C15 & DRAGONBOATS)**

- (a) C15 shall consist of fourteen (14) competitors, plus one Captain who shall have no Class status and who may be of any gender identification, but who shall secure a registration number and be deemed to be a competitor.
- (b) Dragonboats shall consist of a drummer, a steersperson and, depending on the boat size, either:
  - a. twenty (20) competitors (20-seater/person boat) or
  - b. ten (10) competitors (10-seater/person boat).
- (c) All C15 captains qualifying for and/or competing at the Canoe Kayak Canada Sprint National Championships must have completed a C15 Coxing course approved by CKC or be fully certified as an ELCC Coach or have been previously certified as a Canoeing Level 1 coach under the National Coaching Certification Program.

## 2.15 ELIGIBILITY FOR FOREIGN NATIONALS

Any competitor taking up residence in Canada shall have Senior status in all ICF events unless and until proven otherwise to the satisfaction of a Committee composed of the Chairperson of the Sprint Racing Council, CEO and CKC Staff Lead. In requesting a Class status other than Senior the new Canadian or Visiting Foreign National shall make written application to the Chairperson detailing racing results for the preceding three (3) years. Such an application must be made and approved prior to the Trials of the Division in which the competitor is a registrant. In the case of an age class competitor, there will be no restriction on the competitor's participation in that age class.

## 2.16 CLASS STATUS RECORD

The CKC Staff Lead shall maintain a Class Status Record of all those who hold Junior class and/or Senior status, both male and female, for each Junior and Senior event in the Canadian Sprint Canoe Kayak Championships. This Class Status Record shall be up-dated immediately following these Championships. One copy of the Class Status Record shall be sent to each Division and member club no later than December 31st of each year.

## 2.17 CANADA SUMMER GAMES

- (a) All eligibility requirements will be outlined in the relevant Canada Summer Games Canoe Kayak Technical Package.
- (b) Please refer to the Canada Summer Games Canoe Kayak Technical Package.

## 2.18 PFD REGULATIONS

All Class competitors must follow rules pertaining to Government of Canada approved PFD's under the small vessels regulations within Canada's Shipping Act which is governed by the Canadian Coast Guard. All Class competitors must also refer to the current published CKC Code of Safety and abide by these rules and regulations.

## 2.19 CANOES & KAYAKS CLASSES, DEFINITIONS AND MEASUREMENTS

(a) The official boats recognized by CKC as “canoe and kayaks” are the following: **K1, K2, K4, C1, C2, IC4, CC4 and C15.**

(b)

	Max. length (cm)	Min. Width (cm)	Min. Weight (kg)
<b><u>CC4</u></b>	610	76	31
<b><u>C15</u></b>	915	91	86

(c) A deficiency of weight in any boat may be made up by the addition of ballast.

(d) Specifications for International Class boats will reflect the current state of International Canoe Federation Rules, irrespective of the CKC rule change procedure. The table below shows the state for length and weight of these boat classes as of the time of publication only. Updates under the ICF rule 3.1 are to be reflected immediately in competition.

	Max. length (cm)	Min. Width (cm)	Min. Weight (kg)
<b><u>K1</u></b>	520	-	12
<b><u>K2</u></b>	650	-	18
<b><u>K4</u></b>	1100	-	30
<b><u>C1</u></b>	520	-	14
<b><u>C2</u></b>	650	-	20
<b><u>IC4</u></b>	900	-	30
<b><u>Para K1</u></b>	520	50*	12
<b><u>Va'a C1</u></b>	730	-	13

\*Measured 10cm from the bottom of the hull.

\*\*Including hull, alma, iatco

(e) Any changes to boat specifications which render a previously permitted boat illegal, will take effect after an eight (8) year grandfathering window counted from the date the change is made.

**Note:** the minimum depth of a **CC4** is 26 cm. A **C15** built prior to 1941 has a minimum weight of 77 kg.

## 2.20 CANOES AND KAYAKS - CONSTRUCTION

(a) **The Hull:** Section and longitudinal line of the hull of the kayak and canoe shall not be concave. (Only horizontally and vertically)

(b) **The Deck:** The deck construction may not be higher on any horizontal point than the highest point of the front edge of the first cockpit.

- (c) No foreign substance may be added to boats which give competitors an unfair advantage.
- (d) A boat or competitor may be equipped with a device which provides real time feedback on performance for use by television or event presentation. The device may be used by the competitor for analysis following a race but in no circumstances may the device be used to provide real time feedback to a competitor during a race.
- (e) All canoes and kayaks used in sprint racing competitions must sit on their own bottom to the satisfaction of the Officials. Splash boards, platforms, knee rests, seats and rudders, when affixed, shall be included for official weighing.
- (f) Each competing Club shall ensure that its boats comply with the specifications as laid down in these Rules in respect to length, width, and weight before competing in any Regatta.
- (g) Any Club may request that such specifications be checked to ensure that any boat complies, such request to be made at any time prior to the call to Start and within fifteen (15) minutes after completion of the event. Notification must be made to the Chief Official in accordance with the Protest procedure.
- (h) Competitors may not be “tied”, strapped”, or “secured” to the boat or it’s floorboard in any manner. However, this rule shall not apply to Paracanoe athletes that sign the CKC Strapping Waiver and provide it to the Chief Official prior to each competition in which the athlete competes. To note, it is also the responsibility of the Paracanoe athlete to be able to demonstrate that they are safely able to escape from their boat if it capsizes.
- (i) Failure of the boat to meet these specifications shall result in the disqualification of that boat for that race.

**Kayaks:**

- (j) Seats, rudders and rudder riggings are standard equipment for kayaks.
- (k) Kayaks will be allowed weed deflectors in front of the rudder. A weed deflector will be a non-moveable fixture.
- (l) The boat is to be designed as to be a sit-in (Kayak type) not a sit-on (Surf Ski type).

## **Canoes:**

- (m) The canoe must be built symmetrically upon the axis of its length.
- (n) Steering rudders or any guiding apparatus directing the course of the canoe is banned. A keel, if any, must be straight, shall extend over the whole length of the canoe and not project more than 30mm below the hull.
- (o) The C1 and C2 may be entirely open. The minimum length of the opening shall be 280 cm and the edge of the side of the craft (gunwale) can extend maximum 5 cm into the craft along the whole defined opening. The boat can have a maximum of three strengthening bars with a width of maximum 7 cm each.
- (p) The IC4 may be entirely open, the minimum length of the opening shall be 390 cm and the edge of the side of the craft (gunnel) can extend maximum 6 cm into the craft along the defined opening. The boat can have a maximum of four strengthening bars with a width of maximum 7 cm each.
- (q) The beam of a C15 shall be measured at the 28 cm waterline (a plane 28 cm above the lowest point on the gull), exclusive of any keel and must not lie more than 45 cm aft or forward of amidships. The depth shall be measured from the inside of the garboard next to the keel to the lower side of a straightedge placed across the gunwales at the canoe's widest point.
- (r) Neither additional equipment shall be added to canoes nor modifications made to the original design, except splash boards, mounted horizontally or vertically at any spot on the bow deck of the canoe to a height of 15 cm. Platforms, kneeling buns or blocks, may be added if desired.

### **2.21 PROPULSION**

- (b) Kayaks shall be propelled solely by means of double-bladed paddles.
- (c) Canadian canoes shall be propelled solely by means of single-bladed paddles.
- (d) The paddles may not be fixed on the boats in any way.

### **2.22 NUMBER PLATES AND BACK NUMBERS**

- (a) All boats, except C15s, entered in competitions sanctioned by the Sprint Racing Discipline of the Association shall be fitted with rigid number plates (on the rear decks except C15s), showing the course drawn by the crew. The numbers shall appear on both sides of the number plate and will be

15 cm high, black, on a white or yellow opaque plate approximately 20 cm x 20 cm and shall not be visibly obstructed in any way. Athletes with an improper or missing number plate will be assessed a penalty fee of \$30 and, when possible, be provided with a replacement number by the Starter or will be able to race without a number.

- (b) All C15 captains will wear a racing back number with a minimum height of 20cm and in contrasting colour. Back number will be available at Nationals Championships. Clubs may be invoiced \$100/back number for any unreturned.

# **III ORGANIZATION OF THE COMPETITION**

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## **3.01 DIRECTION AND CONTROL**

All races shall be under the direction and full control of the Sprint Racing Council, a Divisional Flag Officer or an alternate acting on behalf of the Sprint Racing Council.

## **3.02 INTER-DIVISIONAL ENTRY APPROVAL**

A competitor in a Division may only compete in a local Sprint Canoe Kayak Racing Regatta hosted by another Division if prior approval is obtained from the Flag Officers of both Divisions.

## **3.03 DIVISIONAL DISCIPLINE COMMITTEE**

Each Division of the Sprint Racing Discipline of the Association shall appoint, prior to the first regatta of the year, a Discipline Committee of four from the executive representatives of the Clubs forming the Division, or from Past Chairpersons of the Sprint Racing Discipline of the Association who, with the Flag Officer of the Division as the Chairperson, shall have charge of investigating all complaints against the conduct at Regattas of individual competitors, crews or Clubs within the jurisdiction of the Division.

## **3.04 DIVISIONAL RACE ORDER**

The Order of Races for Divisional Regattas are at the discretion of the Division.

## **3.05 DIVISIONAL REGATTA ENTRIES**

- (a) Any Club intending to compete at a Divisional Regatta must file with the Secretary of the Division, or other designated person, a list of entries together with the names of the competitors on or before the day appointed for closing the entries. No assumed names shall be submitted.
- (b) Objections to any entry at a Divisional Regatta shall be made to the Divisional Secretary and to the Secretary of the Club making the entry. Such objections shall be investigated by the Division Executive and a decision made relative to same prior to the holding of the Divisional Regatta.

## **3.06 DIVISIONAL U12 CHAMPIONSHIPS**

- (a) Each Division may organize and hold a Divisional Sprint Racing Canoe Kayak Championship annually for U12 Class competitors.
- (b) If a U12 Class Divisional Championship is held, the Sprint Racing Discipline of the Association will provide:

- a Burgee for the Overall Points Winner (Club);
- a Burgee for the Total Points Winner (Men); and
- a Burgee for the Total Points Winner (Women)

Provided a request for these Burgees is received in the National Office no later than May 31st of the year in which the event is to be held.

### **3.07 DIVISIONAL U14 CHAMPIONSHIPS**

- (a) Each Division may organize and hold a Divisional Sprint Racing Canoe Kayak Championship annually for U14 Class competitors.
- (b) If a U14 Class Divisional Championship is held, the Sprint Racing Discipline of the Association will provide:
  - a Burgee for the Overall Points Winner (Club);
  - a Burgee for the Total Points Winner (Men); and
  - a Burgee for the Total Points Winner (Women)

Provided a request for these Burgees is received in the National Office no later than May 31st of the year in which the event is to be held.

# IV RACING REGULATIONS

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## 4.01 INTENTIONALLY LEFT BLANK

## 4.02 REFEREE'S ROLE AND JURISDICTION

- (a) The Referees, in separate boats, each patrolling one half, or the proportion as agreed by them, of the course, shall have equal power to judge, stop the race, caution or disqualify any crew or competitor as provided in these Rules.
- (b) The jurisdiction of the Referee extends over the race and all matters connected with it from the time the race has started until its final termination.
- (c) A Referee shall be the judge of a boat's own water and proper course during the race.
- (d) The Referees shall give their decision to the Chief Official at the finish of the race by means of the showing of a white flag meaning "race okay as run" or a red flag meaning "an infraction of the Rules". All infractions of the Rules, however they occur, shall be reported to the Chief Official immediately following the completion of the race. The Official who called the infraction shall submit a written report to the Chief Official within twenty (20) minutes after the completion of the race.
- (e) When an Official disqualifies a crew for an infraction of the Rules during a race, the crew so disqualified must be advised at the time of the infraction, except for 200m events when the crew will be advised at the conclusion of the race.

## 4.03 DISQUALIFICATIONS AND RACE INFRACTIONS

- (a) At a Referee's discretion, a crew may be disqualified without stopping the race.
- (b) It shall be considered a foul when, after the race has commenced, any competitor by paddle, canoe or person comes in contact with the paddle, canoe or person of another competitor or who deliberately steers into another crew, whether such crew is or is not on its own course unless, in the opinion of a Referee, such contact is so slight as not to influence the race.
- (c) In the case of a foul or other infraction of the rule during a race, a Referee shall have the power:
  - (i) to stop the race by a short powerful sound and at his discretion, disqualify the offending crew or crews. If the

race is stopped, the Referee shall order the crews, other than any he may have disqualified, to paddle the race over again;

- (ii) to allow the race to continue to its termination. If the race is not stopped but even so a Referee disqualified an offending crew or crews, he must do so at the time of the infraction of a rule and not after the race has terminated. In this circumstance, the Referee shall notify the offending crew that it has been disqualified and the said crew must stop paddling and not complete the course. Failure to comply with the Referee's instructions could result in further disciplinary action, including disqualification for the remainder of the competition.
- (d) If during a race a boat, while on its own water, is interfered with by another boat, a Referee shall stop the race and order it paddled over, if in the referee's opinion such interference will affect its chances of winning a medal or advancing to medal competition.
- (e) Any competitor refusing to obey the directions of a Referee and/or Starter or to abide by their directions shall be disqualified by a Referee and/or Starter.

#### **4.04 START PROCEDURE**

- (a) The objective is to give all competitors a dead even start on the defined start line.
- (b) Competitors shall be at the starting area in time to allow satisfactory preparation for the start.
- (c) The start procedure shall commence without reference to any absentees. Crews not in their starting positions on completion of the published time will not be permitted in the race by the Referee unless instructed otherwise by the Chief Official.
- (d) The Starter shall communicate the countdown exactly as follows:
  - "5 minutes to start"
  - "3 minutes to start"
  - "1 minute to start"
- (e) The Referee(s) will space crews behind the start line. The position of the boat at the start shall be such that the bows of the competing boats are on the starting line. Boats must be stationary.
- (f) The Referee furthest from the Starter shall say "Starter, the race is yours". The Starter will acknowledge with; "Thank-you, Referee."

- (g) The starting command will be “READY - SET - GO” (“Go” can be a shot or strong sound signal). At the “READY” command the competitors begin their preparation to paddle. At the “SET” command the competitors place their paddle in the catch position. The competitor must not paddle forward or this action will be deemed to be a false start. The boat must not move forward at this point in the starting procedure. The starter when satisfied with the competitors positioning and attention will say “GO” (or shot or powerful sound). The competitors must only react to the start command/signal “GO” and are not permitted to anticipate it. The competitors can paddle only upon hearing the starting signal/command “GO”.
- a. **For all PaddleAll and Unified races, the starting command will be a verbal “READY-SET-GO”.**
- (h) The Starter will report any false starts, disqualifications, and absentees to the Chief Official
- (i) The Starter’s Duties are not complete until the sterns of all boats have cleared the 25-metre marker.

#### 4.05 FALSE STARTS

If any competitor starts paddling ahead after the word “SET” and before the word “GO” (or shot or powerful sound), he/she has made a false start.

**In the case of a false start, the Starter must immediately give a loud sound signal. On hearing this signal all athletes must stop paddling and follow the Starter’s instructions for a new start. Before the new start, the Starter must identify the offending athlete(s) and boat(s) making the false start and give them a warning.**

**In the case of a second false start by the same athlete/crew, the boat will be disqualified (DSQ) from the race and must leave the starting area and the course immediately.**

Failure to comply with the Starter’s instructions could result in further disciplinary action, including disqualification for the remainder of the competition.

#### 4.06 RACE RECALL

If the Starter is not satisfied with the line-up, he/she will call “Stop” and hand the race over to the Referees for repositioning.

The Referee(s) and/or Starter may interrupt the start procedure or recall a race after it has started in the event that the alignment and/or spacing of a competitor's canoe jeopardized a fair start.

The Referee(s) may interrupt the start procedure by raising a red flag and announcing to the Starter: "Starter, I have the race". The Starter will acknowledge same by announcing: "The Referee has the race". When the Referee(s) is satisfied with the alignment of canoes, he will raise a white flag and say, Starter, the race is yours." The Starter will acknowledge with "Thank-you, Referee".

The Referee(s) will recall a race after it has started by a short powerful sound if the alignment and/or spacing of a competitor's canoe jeopardized a fair start.

#### **4.07 PADDLE BREAKAGE**

If a competitor breaks a paddle in any race, other than a war canoe race, within 25 metres of the start line, and if the Starter and/or Referee decides it is not intentional, then the race shall be stopped by the Starter and/or Referee and re-started after a replacement paddle has been obtained. Paddle breakage must occur prior to the stern of the boat clearing the 25-metre line.

#### **4.08 POSITIONING OF CREWS AND THEIR WATER**

- (a) The lanes must be marked from No.1 to No.9. The numbering goes from the left to the right on the right hand side of the competitor with the competitor facing down the course.
- (b) The water of a boat is the lane to the left of the crew's numbered marker buoy.
- (c) Boats shall be started by their bows, and their position shall be to the left of their numbered course marker, and they shall have completed their course when the bows reach the finish line between the marginal buoys with all crew members in the boat.
- (d) Each boat shall keep to its own water throughout the race.

#### **4.09 ASSISTANCE**

- (a) It is prohibited to receive external assistance during a race.
- (b) No crew may be accompanied along and adjacent to the racecourse by other boats while the race is in progress.
- (c) Any infraction will result in the disqualification of the crews involved.

#### 4.10 COMPETITOR'S UNIFORMS

All competitors competing in any and all races must be dressed in the current DDC approved  racing jersey(s)  of their club.  All competitors in a crew must be uniformly dressed in the same style of racing jersey.  Failure to do so will result in the application of a penalty fee of \$75.00 per offending competitor to the Club.

#### 4.11 ENTRIES

- (a) No one shall be allowed to be entered twice for the same race.
- (b) (i) No competitor shall be allowed to enter or compete in more than eight (8) events including a 6,000-metre event, at a regatta sanctioned by the Sprint Racing Council. Any competitor entered in more than eight (8) events is ineligible to compete in any and all races after the eighth event for which he or she has had an entry submitted. Where more than the allowed eight (8) events have been raced, the crew and its finish place for those additional events beyond the eight shall be disqualified, and the competition results adjusted accordingly.
- (ii) The  C15  event shall not be counted as one of the races contributing to the maximum number permitted for  C15  captains.  PaddleAll and Paracanoe events shall not be counted as one of the races contributing to the maximum number permitted for guides.
- (c) No registrant of a Club shall be allowed to be substituted for another, unless approved by the Competition Committee, and the crew that races a Heat shall be the crew that races the Final unless otherwise approved by the Competition Committee. No registrant of a Club shall be allowed to paddle with more than one crew for the same prize.
- (d) Regardless of the number of entries in an event, any otherwise valid entry in a Paracanoe, Visually Impaired, or Paddle-All event will be accepted and officially raced.

#### 4.12 PARTICIPANT BEHAVIOUR

All participants must abide by the CKC policies, including, but not limited to: CKC Safe Sport Policy Manual, Code of Conduct and Ethics, and Event Discipline Policy.

### **Composition of the Discipline Committee**

In the case of the Sprint National Championships the Discipline Committee shall be composed of the Sprint Racing Council Chairperson, as the Chairperson, and the Flag Officers.

#### **4.13**

### **STANDARD OF CONDUCT**

All athletes, club officials, coaches and officials will be subject to and shall comply with the CKC Safe Sport Policy, including but not limited to, the CKC Code of Conduct and Ethics).

#### 4.14 POINTS TOWARD BURGEES

- (a) Points towards class burgees and the aggregate burgee shall be awarded for each race with the exception of C15 events to clubs on the following basis:

1 <sup>st</sup>	16 points
2 <sup>nd</sup>	8 points
3 <sup>rd</sup>	6 points
4 <sup>th</sup>	5 points
5 <sup>th</sup>	4 points
6 <sup>th</sup>	3 points
7 <sup>th</sup>	2 points
8 <sup>th</sup>	1 point

- (b) C15 points towards class burgees and the aggregate burgee shall be awarded on the following basis:

1 <sup>st</sup>	24 points
2 <sup>nd</sup>	14 points
3 <sup>rd</sup>	9 points
4 <sup>th</sup>	6 points
5 <sup>th</sup>	5 points
6 <sup>th</sup>	4 points
7 <sup>th</sup>	3 points
8 <sup>th</sup>	2 points

- (c) Points for mixed C15 shall be awarded to each gender class burgee on the following basis:

1 <sup>st</sup>	12 points
2 <sup>nd</sup>	7 points
3 <sup>rd</sup>	5 points
4 <sup>th</sup>	3 points
5 <sup>th</sup>	3 points
6 <sup>th</sup>	2 points
7 <sup>th</sup>	2 points
8 <sup>th</sup>	1 point

- (d) Points will not be awarded for "B" Finals. Exception for this would be for PaddleAll events where the advancements may allow for less than 8 boats to be advanced to Final "A". Therefore to achieve the top 8 placements, the remaining points will be allocated based on Final "B" after all Final A participants have been awarded their points accordingly.

# V SPECIAL RULES FOR THE CANADIAN SPRINT CANOE KAYAK CHAMPIONSHIPS

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## 5.01 DATE OF THE CHAMPIONSHIPS

- (a) The Canoe Kayak Canada Sprint National Championships of the Sprint Racing Discipline of the Association shall be held each year on a date, and at a site, upon recommendation of the Domestic Development Committee, approved by the Members at the Annual Meeting of the Sprint Racing Discipline two (2) years preceding the event.
- (b) The site selection will be based on the following rotation for 2023-2027 (due to COVID implications): Atlantic, WOD, Prairie/Pacific, EOD, Atlantic; then we will resume the regular rotation beginning in 2028: WOD, Quebec, Prairie/Pacific, EOD, Atlantic. This rotation will be subject to change if approved by the Members at the Annual Meeting of the Sprint Racing Discipline three years in advance of said event being voted upon.
- (c) Should a region decline, or the site be deemed unacceptable by the Council on the recommendation of the DDC, that region forfeits their hosting opportunity within the rotation. Such case would result in the tendering of bids for that specific year, after which the rotation cycle would resume with the next region on the list.
- (d) The Division in which the Championship is to be hosted must approve of the bidding site(s). The Protocol Agreement must be signed by three parties, i.e., the Host Organizing Committee, the Sprint Racing Discipline and the Division(s).

## 5.02 APPLICATION FOR HOSTING

Based on the site selection rotation (Rule 5.01(b)), 3 years prior to hosting the championships, the CKC Staff lead will reach out to the respective Division to initiate the process. The Division must submit their chosen site (which must confirm with the minimum course and facility requirements as determined by the Nationals Technical Package, the CKC Staff Lead and ratified by the DDC of the Sprint Racing Council) to the CKC Staff Lead, 2.5 years prior to the Championship.

The CKC Staff Lead will then work with the chosen Division and Host to create the proposal to be ratified by the DDC of the Sprint Racing Council and presented at the Annual Meeting of the Sprint Racing Discipline (Rule 5.01(a)).

### 5.03 DOPING CONTROL

All competitors whose names are submitted as entries in an Olympic-class or Paralympic-class canoe or kayak boat event at the Canadian Sprint Canoe Kayak Championships are subject to doping controls. (See Section 1.07 - Doping Control)

### 5.04 BOAT CONTROL

- (a) The appropriate equipment for weighing and measuring of canoes and kayaks shall be provided by the local Organizing Committee for the use of the Boat Controller for the day preceding the competition and throughout the Canadian Sprint Canoe Kayak Championships. This shall include and not be restricted to a certified scale suitable for the weighing of boats, a steel metric tape measure and template or other device for the measuring of length, width and depth of a canoe or kayak.
- (b) Beginning with Nationals in 2026 In addition to the certified scale used at the official boat control, at least one additional certified unofficial scale shall be provided nearby to allow athletes to prepare their boats for in-competition boat control without interfering with or being interrupted by post-race boat control.
- (c) Boats must be turned over before weighing; anything that does not remain affixed to the boat shall not be weighed with the boat. Water and the boat number must be removed before weighing.
- (d) The top four boats and one random boat as selected by the Competition Committee shall be re-controlled immediately after every final, and boats shall be randomly selected by the Competition Committee for re-control immediately after the heats.
- (e) No boat control will be done for Touring K1 events.

### 5.05 INTENTIONALLY LEFT BLANK

### 5.06 ENTRIES

- (a) **Qualifying Process**  
Each Division shall determine, by majority vote of the Member Clubs comprising the Division, the method by which it will select the entries from their Division to the Canoe Kayak Canada Sprint National Championships.
- (b) **Number of Entries**
  - (i) **Divisions**

Each Division shall be entitled to a maximum of four (4) entries in each 200 metre, 500 metre and 1,000 metre event and a maximum of five (5) entries in each 6,000-metre event at the Canoe Kayak Canada Sprint National Championships. Entries in the Senior, Master, Paracanoe, PaddleAll, and Open Events are EXCEPTIONS to this rule and shall be handled on a direct entry basis at the discretion of the Division. Notwithstanding the aforementioned, see “U18 Singles Entry Process” below for additional information.

(ii) **Random Entries**

Any entry(ies), from the four (4) per Division, which are not filled by the Division itself shall be put into a random draw selection process available to all other Divisions who wish for additional entry(ies) beyond the initial four (4) to which they are entitled.

Where entries for an event do not fill up three (3) complete heats, Divisions may submit additional entries beyond the initial four (4) to which they are entitled. Divisions shall rank their additional entries (i.e. 5th, 6th, 7th, etc.).

A random selection process of 5th ranked entries shall take place until the remaining heat lanes are filled. If still unfilled, the random draw will continue with 6th ranked entries, then 7th ranked entries, etc. until all heat lanes are filled.

Where the addition of a Division's 5th, 6th, etc. ranked entries cause(s) a conflict with regard to the 8-race rule, clubs must inform the CKC Staff Lead no later than 72 hours after publication of the results of the random draw process, indicating from which events the athlete will withdraw if they are entered in more than 8 events due to receiving Random entries. Should the event be a crew boat, the name of athlete to be substituted needs to be included. If no indication is made, then the athlete will be withdrawn from their final submitted entry in the official draw unless a substitution is made prior to the coaches meeting and a penalty equal to a scratch fee will be assessed.

(iii) Notwithstanding any of the foregoing, any selected random draw entry will always be a valid entry and cannot be forfeited.

(iv) **U18 Singles Entry Process**

The three (3) additional entries permitted in the U18 singles events (beyond the 4 entries per Division) will be allocated to the Divisions whose athletes achieve top three finishes at National Team Trials in Junior singles

events, corresponding to the discipline and distance of the race. If such a race does not exist at Trials, then the Random Entries will be determined as above in 5.06 ii.

(c) **Substitutions**

- (i) Entries shall consist of: C15 - fourteen names (plus Captain); CC4/IC4/K4 - four names; C2/K2 - two names; K1/C1 - one name. Once submitted, the names submitted in each entry consists of the official crew entry for the purpose of any subsequent substitution rules that follow. Should a Division have submitted an Entry Objection form for an administrative error on a entry, that entry will be considered by the DDC (at the meeting which immediately precedes the Championships) and, if accepted, will be considered as the entry for that event. For clarity, the DDC may accept Divisional submissions to create or modify entries if their absence or defects were as a result of an administrative error.
- (ii) Substitutions may be offered for crews entered composing no more than one half of the entry (i.e. one for C2/K2; two for CC4/IC4/K4; seven for C15.)
- (iii) A medical substitution will be permitted in C15; CC4/IC4/K4; C2/K2 if an athlete has been declared medically unfit to compete by a licensed medical practitioner (doctor, nurse, physiotherapist, chiropractor, nurse practitioner) or by the onsite medical staff approved by the Competition Committee. The substitution may occur at any time (before a heat or before a final even if the crew advanced from a heat) but cannot represent more than 50% of the crew. A participant who has been declared medically unfit as noted above shall be able to return to competition only after a medical practitioner as defined above has declared the participant medically fit to compete.
- (iv) Once the draw for entries is complete, should a singles entry be removed in an event, the next ranked submitted entry from the same Division (not in the draw) will be offered the entry and, if accepted, will be considered an entry for that newly submitted crew. If there is no next ranked submitted entry from the same Division available, the lane will remain empty.
- (v) Crew substitutions must be reported at least forty-five (45) minutes prior to the race and be verified and approved by the Competition Committee.

(d) **Entry Process**

- (i) Entries for the Canoe Kayak Canada Sprint National Championships shall be submitted to the CKC Staff Lead of the Sprint Racing Discipline of the Association using the competition software designated by CKC.
- (ii) First and last names of all competitors together with their registration number must be shown on the entry lists when submitted to the CKC Staff Lead by the Divisions. No assumed names shall be given to the CKC Staff Lead.
- (iii) Entries for the Canadian Sprint Canoe Kayak Championships submitted by the Division to the National Office of the Association must be verified by the Flag Officer, or other Division officer, certifying the entry is a valid one. The Division shall be fined \$100 for each and every entry proven ineligible.
- (iv) An inability of a Division to complete the forms in the appropriate fashion without numerous changes by the Domestic Development Committee will be levied a surcharge. The amount of this surcharge will be recommended by the DDC and approved by the Sprint Racing Council.
- (v) A complete list of all entries for the Canoe Kayak Canada Sprint National Championships must be in the competition software designated by CKC by 8am EST fourteen (14) days prior to the start of the Championships.

All submissions, if selected, will be considered valid entries and will count towards a club's entry fees.

Divisions failing to execute a complete and verified submission of their entries within the specified deadline shall be levied a 10% surcharge on the total fees of the late entries to a maximum of \$500.

**(e) Competitors**

All entries in the Canadian Sprint Canoe Kayak Championships must meet the following criteria:

- (i) be in the name of a Paddling Association Member Club;
- (ii) competitors representing a Member Club must have been a registrant (participant/competitor) thereof for at least thirty (30) days preceding the Championships (note: coaches who are competing also need to register as participants/competitors, including if they are a Captain of a C15 as per rule 2.14);
- (iii) a) competitors representing a Member Club must be Canadian citizens or a permanent resident; or

- b) competitors from other countries who are neither Canadian citizens nor permanent residents may participate in CKC sanctioned events provided they are registered with a Member Club of the Sprint Racing Discipline of the Association and have not competed for another country in an ICF Sprint/Flatwater sanctioned competition in the 18 months preceding the Canadian Sprint Racing Championships.
- (iv) Any official selected to officiate at a national event is not eligible to compete in the same event.
- (f) The CKC Staff Lead of Canoe Kayak Canada shall not be permitted to declare any entry, nor to report the state of the entrance list until such list shall be closed.
- (g) The Domestic Development Committee shall have power to reject any entry for just cause and shall communicate their reason for rejection to the entry's club.
- (h) All questions of eligibility or qualifications of an entry or interpretation of the rules bearing upon the question of an entry that arise once the Canadian National Sprint Racing Canoe Championships are underway shall be referred by the Competition Committee to the Domestic Development Committee and the Flag Officers acting as a single committee, and its decisions shall be final.

#### 5.07 ENTRY FEES

- (a) A separate entry fee for the Canadian National Sprint Racing Canoe Championships shall be established for Singles, Tandems, Fours and C15s annually by the CKC Staff Lead. **Such fee shall be communicated to the Members by April 1st.**
- (b) All Canoe Kayak Canada Sprint National Championships entry fees due from a Club must be paid in full prior to the review of the entries at the Club Representatives meeting on the day preceding the Championships in default of which all entries made by the individual(s) in arrears shall be declared ineligible to compete by the Chairperson of the Sprint Racing Council.

#### 5.08 SCRATCH PENALTY

The CKC Staff Lead will assess each Member Club, following the Canadian Sprint Canoe Kayak Championships, an amount of \$30.00 for each crew entered by them and included in the Official Draw of the Canadian Sprint Canoe Kayak Championships and which subsequently fails to report to the start line for the race entered without just cause. In the case where a crew fails to report to the

start line for a race which is a Final that was preceded by heats, the amount shall be \$60.00.

## 5.09 OFFICIAL DRAW

- (a) The number of lanes that are to be used at the Canadian Sprint Canoe Kayak Championships shall be nine. The lanes shall be in accordance with the CKC National Sprint Championship Technical Package

The draw for lanes shall be conducted in line with the competition rules of CKC-SRD.

The draw for lanes shall be under the direct responsibility of the CKC Staff Lead.

Once completed, the draw for lanes shall be posted on the CKC website at least nine (9) days prior to the first full day of the competition.

- (b) When more entries are received for a specific event than there are lanes for the Final, heats will be drawn. Once it has been determined how many lanes are to be used at the Canadian Sprint Canoe Kayak Championships, the following procedure will apply in advancing to the Final from the heats.

### **When 2 heats are required:**

9 lanes for Final, First 3 in each heat and 3 next fastest

### **When 3 heats are required:**

9 lanes for Final, First 2 in each heat and 3 next fastest

### **When 4 heats are required:**

9 lanes for Final, first finisher in each heat and 5 next fastest

### **The heats shall be seeded in accordance with the following procedures:**

- In the draw for lanes, no entry shall race in the same heat with the entries seeded directly before and/or after it on the official entry form, except as required to balance the heats to within a single entry.
- No more than two first place entries in a heat where four Divisions are entered.
- No more than three first place entries in a heat when five or six Divisions are entered.
- Division pairings done by draw in each event.

- Divisional responsibility to rank entries in all events.
  - Remainder of entries from the Division subject to draw with first three handled as per above arrangement.
  - Draw Divisions by pairs, where possible: ensure each Division's first and third place entries are in opposite heats to their second and fourth place entries. Ensure balanced seeding across all heats from all Divisions based on ranked entries and the rules above and below. Draw as normal for lanes.
  - All heats in a given event will be run back-to-back, with the exception of PaddleAll Touring K1 where heats may need to be split up depending on boat availability.
  - When the draw for heats results in one heat having an excess of two or more entries over the other heat, the lowest seeded entry in the larger heat will be switched to the other heat. When two or more Divisions have the lowest seeded entry, a random draw will determine which of these entries will be switched to the smaller heat.
- (c) The assignment of lanes for the 200, 500 and 1000 metre races shall be randomly seeded from the centre of the course.
- (d) For the 6000 metre races, crews shall be randomly assigned lanes within their Divisional ranking. Crews shall line up from the right-hand side of the course (facing up the course). For example, Divisional 'Rank 1' entries shall be placed closest to the buoy marked '0'. The assignment of lanes 1 to 6 shall be random within the 6 Divisional 'Rank 1' entries. Likewise, the Divisional 'Rank 2' entries shall be randomly assigned lanes between the 7<sup>th</sup> and 12<sup>th</sup> boat, and so on.
- (e) Objections to any entry appearing in or missing from the Official Draw for the Canoe Kayak Canada Sprint National Championships shall be made to the Flag Officer. The Flag Officer shall present any and all objections received to the CKC Staff Lead, in writing, by 8am EST four days prior to the first day of the Championships.

All objections must be accompanied by a written rationale from the Flag Officer AND appropriate administrative back-up documents. The Domestic Development Committee will not consider any objections without said documentation. Appropriate administrative back-up documents shall include official Divisional CKC Qualifying Regatta results and/or official original Canadian Sprint Canoe Championship entry forms. In those cases where the decision of the Domestic Development Committee may result in the addition of a late entry, an additional administrative surcharge will be applied, the amount being equal to the original entry fee.

The Domestic Development Committee of the Sprint Racing Council shall investigate any and all objections presented, and a decision shall be given relative to same prior to the holding of the Championships. The decision of the Domestic Development Committee shall be final and not subject to change or appeal.

**Decisions made on entry objection submissions by the DDC and their rationale shall be communicated, in writing, to the relevant Flag Officers and Club Spokespersons prior to the first day of competition at the National Championships.**

- (f) When the number of entries in an event changes after the posting of the Draw for Lanes but before the first full day of the competition, such that the number of heats required changes or that heats are not required, the lanes for the event may be re-drawn at the discretion of the CKC Staff Lead or designate.

When withdrawals create such a change after the start of the first full day of competition, the lanes for the event may be re-drawn at the discretion of the Chief Official.

Any re-draw will be done using all of the rules for the Official Draw, with the exception of posting deadlines. An updated Draw for Lanes must be posted within 24 hours of the re-draw and at least 1 hour before the re-drawn race.

When a re-draw occurs before the start of the competition, notice must be given to all clubs entered in the event, at the Club Representatives meeting on the day preceding the Championships; when a re-draw occurs after the start of the competition, notice must be given to the Official Spokesperson of all clubs entered in the event.

## **5.10 ELIGIBILITY FOR PARTICIPATION**

All Member Clubs and registrants must be in good financial standing with CKC and the Sprint Racing Discipline prior to the review of entries at the Club Representatives' meeting on the day preceding the Canadian Sprint Canoe Kayak Championships in default of which all entries made by the Club in arrears shall be withdrawn by the Chairperson of the Sprint Racing Council, or in the case of an individual registrant, they shall be declared ineligible to compete.

## **5.11 LIST OF EVENTS**

The Canadian Sprint Canoe Kayak Championships will consist of the following events and be of the distance indicated below.

U16 6000 metre events will be removed from the Canadian Sprint Canoe Kayak Championships when the National Sprint Long Distance Championships are scheduled to be held in the same year.

'B' Finals in Singles events will be included at the discretion of the High Performance Committee (HPC).

**PaddleAll events may have B, C, D finals as needed.**

<b>U16 Women</b>		<b>U16 Men</b>	
C1	200 m	C1	200 m
C1	1000 m	C1	1000 m
C1	6000 m	C1	6000 m
C2	500 m	C2	500 m
C2	1000 m	C2	1000 m
IC4	500 m	IC4	500 m
<b><u>CC4</u></b>	1000 m	<b><u>CC4</u></b>	1000 m
C15	500 m	C15	500 m
K1	200 m	K1	200 m
K1	1000 m	K1	1000 m
K1	6000 m	K1	6000 m
K2	500 m	K2	500 m
K2	1000 m	K2	1000 m
K4	500 m	K4	500 m
K4	1000 m	K4	1000 m

<b>U18 Women</b>		<b>U18 Men</b>	
C1	200 m	C1	200 m
C1	500 m	C1	500 m
C1	1000 m	C1	1000 m
C2	200 m	C2	200 m
C2	500 m	C2	500 m
C2	1000 m	C2	1000 m
IC4	500 m	IC4	500 m
C15	500 m	C15	500 m
K1	200 m	K1	200 m
K1	500 m	K1	500 m
K1	1000 m	K1	1000 m
K2	200 m	K2	200 m
K2	500 m	K2	500 m
K2	1000 m	K2	1000 m
K4	500 m	K4	500 m

Junior Women		Junior Men	
C1	200 m	C1	200 m
C1	500 m	C1	500 m
C1	1000 m	C1	1000 m
<b>*C2</b>	<b><u>200 m</u></b>	<b>*C2</b>	<b><u>200 m</u></b>
C2	500 m	C2	500 m
<b>CC4</b>	500 m	<b>CC4</b>	1000 m
C15	500 m	C15	1000 m
K1	200 m	K1	200 m
K1	500 m	K1	500 m
K1	1000 m	K1	1000 m
<b>*K2</b>	<b><u>200 m</u></b>	<b>*K2</b>	<b><u>200 m</u></b>
K2	500 m	K2	500 m
K4	500 m	K4	500 m

**\* to be removed from the list of events after the 2025 Sprint National Championships**

Senior Women		Senior Men	
C1	200 m	C1	200 m
C1	500 m	C1	500 m
C1	1000 m	C1	1000 m
<b>*C2</b>	<b><u>200 m</u></b>	<b>*C2</b>	<b><u>200 m</u></b>
C2	500 m	C2	500 m
C15	500 m	C15	1000 m
K1	200 m	K1	200 m
K1	500 m	K1	500 m
K1	1000 m	K1	1000 m
<b>*K2</b>	<b><u>200 m</u></b>	<b>*K2</b>	<b><u>200 m</u></b>
K2	500 m	K2	500 m
K4	500 m	K4	500 m

**\* to be removed from the list of events after the 2025 Sprint National Championships**

Open Women		Open Men	
C2	1000m	C2	1000m
K2	1000m	K2	1000m
<b>* CC4</b>	<b><u>200 m</u></b>	<b>* CC4</b>	<b><u>200 m</u></b>
IC4	500 m	IC4	500 m
K4	200 m	K4	200 m
<b>** C2</b>	<b><u>200m</u></b>	<b>** C2</b>	<b><u>200m</u></b>
<b>** K2</b>	<b><u>200m</u></b>	<b>** K2</b>	<b><u>200m</u></b>
<b>** IC4</b>	<b><u>200m</u></b>	<b>** IC4</b>	<b><u>200m</u></b>

**\* to be removed from the list of events after the 2025 Sprint National Championships**

**\*\* to be added to the list of events starting at the 2026 Sprint National Championships**

Para Women		Para Men	
VL1, VL2, VL3, <b>General</b>	200 m	VL1, VL2, VL3, <b>General</b>	200 m
VL1, VL2, VL3, <b>General</b>	500 m	VL1, VL2, VL3, <b>General</b>	500 m
KL1, KL2, KL3, <b>General</b>	200 m	KL1, KL2, KL3, <b>General</b>	200 m
KL1, KL2, KL3, <b>General</b>	500 m	KL1, KL2, KL3, <b>General</b>	500 m
<b>* KUL1, KUL2, KUL3</b>	<b>200m</b>	<b>* KUL1, KUL2, KUL3</b>	<b>200m</b>

Paracanoe events shall match Paracanoe events included in the ICF Paracanoe World Championships.

**\* ICF Provisional Upper Limb Classification - Kayak only.**  
(Events may be run concurrently where low participation rates allow).

Open Women		Open Men	
V. I.	200 m	V. I.	200 m

Open Women and Men V.I points will be included in the Paracanoe burgee. **(Events may be run concurrently where low participation rates allow).**

PaddleAll events			
Women		Men	
K1 ICF	200m	K1 ICF	200m
K1 Touring	200m	K1 Touring	200m
<b><u>K2 PaddleAll*</u></b>	<b><u>200m</u></b>	<b><u>K2 PaddleAll*</u></b>	<b><u>200m</u></b>
K2 Open Unified	200m	K2 Open Unified	200m

\* Both athletes must identify as PaddleAll athletes.  
**Events may be run concurrently**

Master Women		Master Men	
K1	500 m	C1	500 m
C1	500 m	K1	500 m

Gender Mixed C15	
all crews shall be 50/50 gender mixed, not including the Captain.	
U16	<b><u>500m</u></b>
U18	<b><u>500m</u></b>
Open	<b><u>500m</u></b>

## 5.12 ORDER OF EVENTS

Races shall follow the order as determined by the SRC on the recommendation of the Domestic Development committee in collaboration with the Coaches Technical Committee. A preliminary order of events shall be published by June 1<sup>st</sup>. The final order of events shall be published no later than July 1<sup>st</sup> of the year of the Canadian Championships. Each heat shall be started immediately following the preceding heat at the discretion of the Starter and/or the Chief Official. Each final shall be started at the time indicated in the published order.

Events will not start before 8:00am, unless the competition committee decides otherwise. Where feasible, breaks should be a minimum of twenty (20) minutes and a lunch break of one-hour (minimum) shall be included.

Competitors will follow the order of the Official Draw.

## 5.13 COMMODORE'S SALUTE

At any time during the Canadian Sprint Canoe Kayak Championships but no later than prior to the start of the afternoon events on the final day of the Canadian Sprint Canoe Kayak Championships (will be included as part of the race card when that is published), a salute of honour shall be given and the Commodores Cup presented to the Commodore of the SRC, by the athletes participating at the Championships, in a format designated by the Sprint Racing Council.

## 5.14 NATIONAL TEAM RACES

The ICF rules for False Starts, Boat Control, paddling on the Course, and/or Pacing and Wash Riding *may* be applied in any race being used to award points towards ranking for National Team nominations. The use of such rules will supersede the Sprint Racing Discipline Competition Rules in any instance where they conflict.

The HPC must indicate which races will be used for ranking points and make a request to the DDC to apply ICF rules (if any). The HPC may also make a request to the DDC to use special exceptions to 5.09 (b) and (c) (assignment of lanes) in ranking point races. HPC requests to the DDC must be no later than thirty (30) days prior to the start of the Championships. The DDC will announce any application of ICF rules or special exceptions no later than the posting of the Draw for Lanes.

## 5.15 PRIZES/AWARDS

The prizes shall be presented at the conclusion of the Championships or at the end of each race to their respective

winners, who in the case of a challenge prize, shall furnish such bonds as may be required by the Sprint Racing Council.

In the event of a dead heat for first place, first place prizes shall be awarded to each crew and Club and no second place prizes awarded. In the event of a dead heat for second place, second place prizes shall be awarded to each crew. Club points shall be divided equally in the event of a dead heat. If two Clubs paddle a dead heat for first place, first and second place points shall be divided equally between the two Clubs, and no Club will place second. A similar procedure would apply when more than two Clubs paddle a dead heat for first place and it would also prevail when a dead heat occurs in any other of the remaining places.

In the event of a dead heat for a first place involving a challenge prize, the trophy shall be formally presented but not retained and each crew's and their Club's names shall be engraved thereon.

#### **5.16 CHAMPIONSHIP BURGEES**

- (a) A Championship Burgee shall be awarded to the Club winning the most points. In the event of two or more Clubs winning the same number of points, a Burgee shall be awarded to each such Club.
- (b) In addition, a Burgee shall be awarded to the Club(s) winning the most points in these classes:
  - U16 Men
  - U16 Women
  - U18 Men
  - U18 Women
  - Junior Men
  - Junior Women
  - Senior Men
  - Senior Women
  - PaddleAll
  - Paracanoes
  - Master

Points in the Open events that do not have their own burgee class shall be awarded to the Senior Burgees.

#### **5.17 MANAGEMENT**

- (a) The top management of the Canadian Sprint Canoe Kayak Championships shall be in the hands of the Competition Committee which shall consist of:
  - Chief Official;
  - Chief Finish Line Judge, and;
  - Competition Manager.

- (b) The Competition Committee shall:
- (i) in the event of inclement weather, or other unforeseen circumstance which makes it impossible to carry out the competition, postpone the competition and decide on another time when it may be held;
  - (ii) receive and resolve any protests that may be filed and settle any disputes that may arise and their decision shall be final;
  - (iii) verify and approve all crew substitutions;
  - (iv) have jurisdiction and supervision over all Championships Officials and have the authority to replace any absent or delinquent Championships Official; and
  - (v) notwithstanding decisions made during the competition, the Competition Committee has the ultimate authority to decide on any rule infractions.
  - (vi) decide matters concerning disqualification in cases where the regulations are broken during a race.
  - (vii) file a written report to the Sprint Racing Council within 30 days following conclusion of the Championships.

## **5.18 COMPETITION OFFICIALS**

The major Officials at the Canadian Sprint Canoe Kayak Championships shall consist of the Chief Official, Chief Finish Line Judge, Competition Manager, Referees, Starters, Timer, Boat Controller, and Finish Line Judges, all of who are nationally accredited and they are appointed by the Sprint Racing Council upon the recommendation of the National Officials Committee. All other Officials shall be appointed by the Division in which the Championships are to be held. All Championships Officials shall be responsible to the Chief Official.

## **5.19 OFFICIAL CLUB SPOKESPERSON**

Each Member Club may appoint two, and MUST appoint at least one, Official Competition Spokespersons to act on behalf of the club on any matter that may arise regarding the competition during the Canadian National Sprint Racing Canoeing Championships.

- i. All named spokespersons must have at a minimum Competition Introduction, ELCC Coaching Certification. If a club does not have a spokesperson with appropriate certification, they may appoint a proxy spokesperson (i.e.

provincial coach, coach from another club) who carries the required certification.

- ii. The names of club spokespersons shall be given, in writing, on a form provided for the purpose, and available from the CKC National Office, to the Chief Official no later than the start of the Championships.
- iii. Only the Competition Spokespersons will communicate with the CKC Competition Committee during the National Championships Event, unless the committee requests information or input from another club party. During any interaction, the spokesperson may be accompanied by one other club representative if desired.

## 5.20 PROTESTS

- (a) Should a Member Club believe it or one of its entries in the Canadian Sprint Canoe Kayak Championships has been unfairly dealt with in a particular event, said Member Club may file an Official Protest with the Competition Committee. **Clubs will be invoiced \$50 for every unsuccessful protest at the completion of the competition. There will be no fee for a successful protest.** Notification to the Chief Official must be made verbally within fifteen (15) minutes after completion of the event under protest. Written details of the protest must be delivered to the Chief Official within forty-five (45) minutes after completion of the event under protest, using an Official Protest Form, available from the Competition Manager. All communication with the Competition Committee must be carried out by the official spokesperson or alternate, of the Member Club filing the protest.
- (b) In the content of this Rule, an event shall be deemed to have been completed when so signaled by the Referee.
- (c) **In making a decision on a protest, the Competition Committee shall consider all available evidence in making their decision, including, but not limited to, reports from officials, the text of the written protest, and official or unofficial video evidence.**
- (d) The Competition Committee must make every effort to deliver decisions on protests within two (2) hours of the written protest being received.
- (e) **In ruling on a protest the relevant burden of proof is on the protesting Member Club to show that, on the balance of probabilities, they have been treated unfairly.**
- (f) All decisions by the Competition Committee shall be final.
- (g) **Upon ruling on a protest, the Competition Committee shall provide the protesting Member Club with a written copy of their decision.**
- (h) **Starters decision on false starts is final, and no protests will be allowed on the false start.**

## 5.21 FAIRPLAY

Any competitor in the Canadian Sprint Canoe Kayak Championships shall have the right at any time prior to the closing of the Championships to object to any Club or person participating in, or being declared the winner of, any race where it may appear to the person making the objections that such Club or person has not entered such contest with the intention of participating therein in an honest manner, and making all reasonable efforts to be successful.

The evidence shall be presented to the Discipline Committee, in writing, who, after hearing the implicated party(ies) or their representative, shall, by a majority vote, decide the objection. The Council shall have power to order the race paddled over or to award the prize in whomsoever, in their judgment, is entitled to it.

## 5.22 VIDEO RESULTS

The Club Spokesperson may view the results of the photo finish and/or finish video at the time a written protest has been ruled on.

Photo finish results, when available, will be posted with the official results of the event.

The Chief of the Finish Line and the Competition Committee must compare their decisions with the results of the photo finish, with the latter being decisive. The results of each race are to be approved by the Competition Committee.

## 5.23 6000 METRE RACES

- (a) Rules 6.07 (Turning Points), 6.19 (Starting Procedures), 6.20 (Overtaking), 6.21 (Turns) of the Special Rules for the Canadian National Sprint Racing Long Distance Canoeing Championships govern the 6000 metre races of the Canadian Sprint Canoe Kayak Championships. All other Rules apply to the 6000 metre races.
- (b) All participants in the 6km event at Nationals will wear a racing back number with a minimum height of 20cm and in contrasting colour. Back number will be available at Nationals Championships.

# **VI SPECIAL RULES FOR THE CANADIAN NATIONAL SPRINT RACING LONG DISTANCE CANOEING CHAMPIONSHIPS**

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## **6.01 DATE OF THE CHAMPIONSHIPS**

The Canadian National Sprint Racing Long Distance Canoeing Championships may or may not be held in the same geographic area within the same time period as the Canadian Sprint Canoe Kayak Championships, as determined by a majority vote of the Members at the Annual Meeting three years prior to the Canadian National Sprint Racing Long Distance Canoeing Championships in question.

## **6.02 APPLICATION FOR HOSTING**

All applications to host the Canadian Sprint Canoe Kayak Long Distance Championships, together with a signed Protocol Agreement, shall be delivered to the National Office two (2) years prior to the year of the Championships in question and must conform with the minimum course and facility requirements as determined by the CKC Staff Lead and ratified by the Sprint Racing Council of the Association; said requirements and the Protocol Agreement to be available to possible hosts upon request.

## **6.03 BOAT CONTROL**

The appropriate equipment for weighing and measuring of canoes and kayaks shall be provided by the local Organizing Committee for the use of the Boat Controller for the day preceding the competition and throughout the Canadian Sprint Canoe Kayak Long Distance Championships. This shall include and not be restricted to, a certified scale suitable for the weighing of boats, a steel metric tape measure and template or other device for the measuring of length, width and depth of a canoe or kayak.

## **6.04 DOPING CONTROL**

All competitors whose names are submitted as entries in the Canadian National Sprint Racing Long Distance Championships are subject to doping controls.

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**6.07 TURNING POINTS**

- (a) The turning points shall be marked by at least three (3) that are distinct from other course marker buoys as specified by the technical package.
- (b) Competitors must finish in the specially marked finish area, outside of the turn.

The course layout shall be approved by the CKC Staff Lead and shared at the Club Representative Meeting.

**6.08 ENTRIES**

- (a) A complete list of all entries to the Canadian National Sprint Racing Long Distance Canoeing Championships shall be made on a Provincial basis and must be received by the CKC Staff Lead in the National Office of the Association by midnight on the 10th day preceding the Championships. There shall be no limit to the number of entries a Province may submit.
- (b) First and last names of all competitors, together with their registration number, must be shown on the entry lists when submitted to the CKC Staff Lead. No assumed names shall be given to the CKC Staff Lead.
- (c) All entries in the Canadian National Sprint Racing Long Distance Canoeing Championships must meet the following criteria:
  - (i) be in the name of a Province;
  - (ii) competitors representing a Province must have been a registrant of a Member Club of CKC for at least thirty (30) days preceding the Championships and
  - (iii) competitors representing a Province must be Canadian citizens or landed immigrants. Competitors from other countries may participate in CKC sanctioned events provided they are registered with a Member Club of the Sprint Racing Discipline of the Association. Such competitors must not have competed in an ICF Sprint Canoe sanctioned competition in the 18 months preceding the Canadian Sprint Racing Long Distance Canoeing Championships, nor may they represent another country whilst paddling for a Canadian club.

- (d) The CKC Staff Lead of the Sprint Racing Discipline of the Association shall not be permitted to declare any entry nor to report the state of the entrance list until such list shall be closed.
- (e) The Sprint Racing Council shall have the power to reject any entry for just cause and shall communicate their reason for rejection to the Province submitting the entry.
- (f) All questions of eligibility or qualifications shall be referred to the Sprint Racing Council and its decision shall be final.
- (g) Post entries will be accepted three (3) days prior to the Canadian National Sprint Racing Long Distance Canoeing Championship Regatta with a late entry fee of \$15.00, in addition to the regular entry fee.

#### **6.09 ENTRY RESTRICTIONS**

No competitor shall be allowed to enter or compete in more than two events.

#### **6.10 ENTRY FEES**

- (a) A separate entry fee for the Canadian National Sprint Racing Long Distance Canoeing Championships shall be established for Singles and Tandems annually at the Annual Meeting of the Sprint Racing Discipline by majority vote of the Member Clubs upon the recommendation of the Sprint Racing Council.
- (b) All Canadian National Sprint Racing Long Distance Canoeing Championships entry fees due from a Province must be paid in full by midnight of the day preceding the Championships.

#### **6.11 OFFICIAL DRAW**

Course numbers shall be drawn for by the Official Draw Committee immediately following the closing of entries. The Official Draw Committee shall consist of the CKC Staff Lead, or the Director's appointee, and Chairperson; one representative of the Domestic Development Committee; and the CEO, or the CEO's appointee. Each Province shall be entitled to have a representative present at the Official Draw as an observer.

Once completed, the Official Draw for courses shall then be dispatched as expeditiously as possible to all members of the Sprint Racing Council, the Competition Committee, and to all Provinces which have an entry in the Championships.

#### **6.12 SCRATCH PENALTY**

The CKC Staff Lead will assess each Province, following the Canadian Sprint Canoe Kayak Long Distance Championships, an amount of \$20.00 for each crew entered by it and included in the Official Draw of the Canadian Sprint Canoe Kayak Long Distance Championships, or accepted as a post entry and which subsequently fails to report to the start line for the race entered without just cause.

#### **6.13 EVENTS & ORDER OF EVENTS**

The “EVENTS” and the “ORDER OF EVENTS” for the Canadian National Sprint Racing Long Distance Canoeing Championship Regatta is subject to a review to be approved by the SRC. The events and their order must be published six (6) months prior to the Regatta.

#### **6.14 POINT SCORING**

Point scoring shall be kept on both an individual and provincial team basis. The top three individual finishers in each event will receive appropriate awards similar to the Sprint Championships. A Provincial Team shall consist of:

in singles:                    a minimum of five (5) competitors  
in tandems:                    a minimum of three (3) crews

#### **6.15 PROVINCIAL TEAM POINT SCORING**

Scores shall be totaled by Provincial Team (the top five competitors for Singles and the top three crews for Tandems) with the Province having the lowest total points being awarded the Team Championship in that event. There must be two or more Provinces entered on the 10th day preceding the Championships in order for there to be a Provincial competition in that event. The scores shall be totaled according to finish place, e.g. First place - 1 point, Second place - 2 points, etc.

#### **6.16 COMPETITION COMMITTEE**

- (a) The top management of the Canadian National Sprint Racing Long Distance Canoeing Championships shall be in the hands of the Competition Committee which shall consist of:
- Chief Official;
  - Chief Finish Line Judge, and;
  - Competition Manager.

- (b) The Competition Committee shall:
- (i) in the event of inclement weather, or other unforeseen circumstance which makes it impossible to carry out the competition; postpone the competition and decide on another time when it may be held;
  - (ii) receive and resolve any protest that may be filed and settle any disputes that may arise;
  - (iii) verify and approve all crew substitutions;
  - (iv) have jurisdiction and supervision over all Championships Officials and have the authority to replace any absent or delinquent Championships Official, and;
  - (v) A written report to the Sprint Racing Council within 14 days following conclusion of the Championships.

## **6.17 COMPETITION OFFICIALS**

The major Officials at the Canadian National Sprint Racing Long Distance Canoeing Championships shall consist of: the Chief Official, Chief Finish Line Judge, Competition Manager, 3 Referees, 1 Starter, 2 Turning Point Umpires, 2 Timers, Boat Controller, and a minimum of 2 Finish Line Judges, all of who are appointed by the Sprint Racing Council upon the recommendation of the National Officials Committee and should be Nationally accredited. All other Officials shall be appointed by the Division in which the Championships are to be held.

All Championships Officials shall be responsible to the Chief Official.

## **6.18 TURNING POINT OFFICIALS**

When a race is run along a course with two or more turning points, one or more Turning Point Officials and one secretary must be stationed at every turning point where they gain the best view of the turn.

The Turning Point Official shall see that the competitors turn according to the rules. Failure to comply with the rules shall result in immediate disqualification and the competitor shall be notified immediately. Immediately after the race, the Turning Point Official shall provide a written report to the Chief Official as to who has turned and if any infraction of the rules has taken place.

Disqualified competitors shall immediately leave the course and not cause interference with other competitors.

All races shall be accompanied by at least two (2) Referees in two (2) separate boats.

## 6.19 START PROCEDURE

- (a) The objective is to give all competitors a dead, even start on the defined start line.
- (b) Competitors shall be at the starting area in time to allow satisfactory preparation for the start.
- (c) Competitors will align themselves on the start line in ascending order by their course numbers. The athlete assigned course number 1 will line up at the extreme right hand side of the start line from the perspective of the athlete looking up the course towards the first turn.
- (d) The Referee will space crews behind the start line. The position of the boats at the start shall be such that the bows of the competing boats are on the starting line. Boats must be stationary.
- (e) The start procedure shall commence without any reference to any absentees. Crews not in their starting positions on completion of the published time interval will not be permitted in the race by the Referee unless instructed otherwise by the Chief Official.
- (f) The Starter shall communicate the countdown as follows:
  - "5 minutes to start"
  - "3 minutes to start"
  - "1 minute to start"
- (g) The starting command will be "READY - SET - GO" ("Go" can be a shot or strong sound signal). At the "READY" command the competitors begin their preparation to paddle. At the "SET" command the competitors place their paddle in the catch position. The competitor must not paddle forward or this action will be deemed to be a false start. The boat must not move forward at this point in the starting procedure. The starter when satisfied with the competitors positioning and attention will say "GO" (or shot or powerful sound). The competitors must only react to the start command/signal "GO" and are not permitted to anticipate it. The competitors can paddle only upon hearing the starting signal/command "GO".
- (h) The Referee may interrupt the start procedure or recall a race after it has started, in the event that the alignment and/or spacing of a competitor's boat jeopardized a fair start.
- (i) A competitor attempting to gain an unfair advantage at the start shall be disqualified by the Starter.

- (j) If a competitor breaks a paddle in any race within 25 metres of the start line, and if the Starter and/or Referee decide it is not intentional, then the race shall be stopped by the Starter and/or Referee and restarted after a replacement paddle has been obtained.
- (k) The Starter will report any false starts and disqualifications to the Chief Official.
- (l) The Starter's duties are not complete until the sterns of all boats have cleared the 25-metre marker.

## **6.20 OVERTAKING**

When a canoe or kayak is overtaking another canoe or kayak in a race, it is the duty of the overtaking craft to keep clear at all times of the boat being overtaken. On the other hand, the craft being overtaken is not allowed to alter its course to make difficulties for the overtaking craft.

## **6.21 TURNS**

When a race is run on a course with turning points, these shall be passed to port (i.e. in an anti-clockwise direction).

When going around a turning point, the competitor on the outer course must leave room for the competitor on the inner course if that competitor has the bow of his boat at least level with the front edge of the cockpit of the boat on the outer course. With respect to K-2 and K-4 this refers to the fore cockpit. With respect to C-1, it refers to the level of the competitor's body, and for C-2 it refers to the level of the body of the foremost member of the crew.

A competitor will not be disqualified for touching a turning point buoy unless, in the opinion of the Turning Point Officials, an advantage has been gained there from. In making a turn, the boat shall follow as closely as possible the course as marked by the buoys at the turning point.

# VII AMENDMENTS TO THE COMPETITION RULES OF THE SPRINT RACING DISCIPLINE

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*The Competition Rule Amendment clause is in the Sprint Discipline “Rules of Structure”. It is outlined below for information purposes.*

## RULES OF STRUCTURE

### 10.00 COMPETITION RULES

#### 10.01 SCOPE OF RULES

The rules for the SRD will be separated into 2 categories. They are outlined below and will be able to be enacted, repealed, amended and added to by separate mechanisms which will be described in the appropriate sections. The 2 categories will form the full “Competition Rules” that can be found in the SRD Rulebook.

*SRD Competition Rules = Sport Structure Regulations + Racing Rules*

Without in any way restricting the generality of the foregoing, such rules may include rules regulating competitor, club and division eligibility and discipline, registration of competitors, competition uniforms, equipment, classes of competition, organization of, holding of, hosting of and selection of site of the National Sprint Racing Canoeing Championships, and rules similarly regulating in all respects long distance sprint and National Sprint Racing Long Distance Canoeing Championships.

##### *10.01.1 Category A - “Sport Structure Regulations”*

The scope of the Sport Structure Regulations include:

- List of events to be raced at the Canadian Sprint Canoe Kayak Championships and the (currently 5.11 in the rulebook)
- List of events to be raced at the Canadian National Sprint Long Distance Championships (currently 6.13 in the rulebook)
- Age and Class status (2.01-2.12, 2.16, 2.17 and applicable sections in Section III - Organization of the competition)

No sooner than every 2 years, or at the discretion of the CKC Lead for Development of the Sprint Discipline, in the process described in 10.03, the membership or staff may enact, repeal,

amend and add any of the above indicated scope, with the appropriate consultation and feedback as outlined in 10.03. This “Sport Structure Regulations” will ultimately be voted on by the Sprint Racing Council.

#### *10.01.2 Category B - “Racing Rules”*

Rules in this category include all other rules in the SRD rule book outside of the scope of 10.01.1.

At a meeting of members of the Sprint Racing Discipline, these “Racing Rules” governing the sport of competitive sprint racing and long distance sprint racing in Canada may be enacted, repealed, amended and added to by a majority vote of at least two thirds of the votes cast; and such rules shall be called the “Racing Rules”.

### **10.02 WHEN RULE CHANGES CAN BE MADE**

#### *10.02.1 Sport Structure Regulations*

No sooner than every 2 years, or at the discretion of the CKC Lead for Development of the Sprint Discipline, in the process described in 10.03, the membership or staff may enact, repeal, amend and add any of the above indicated scope, with the appropriate consultation and feedback as outlined in 10.03. This “Sport Structure Regulations” will ultimately be voted on by the Sprint Racing Council.

The aim of any and all Sport Structure Regulation changes would be that any changes would be known one year in advance of their inception at the Sprint National Championships (example, for Events to change for 2024, at the 2023 Sprint National Championships any changes to events would be known). Therefore, the process will start in the fall of the year that is roughly 22 months ahead of their inception at the Sprint National Championships. Please see 10.03 for the process.

This process would start in the fall of 2022 for the 2024 Sprint National Championships.

#### *10.02.2 Racing Rules*

Subject always to compliance with the provisions of Sections 10.01 and 10.03, the Racing Rules may be repealed, amended or added to, but a; provided however, the meeting of Member clubs of the Sprint Racing Discipline if at such meeting, on a vote restricted to only the voting Member Clubs present in person or by proxy and otherwise eligible to vote at the meeting, not less than 90% of such Member Clubs vote in favour of opening the Racing Rules for repeal, amendment or addition to.

## 10.03 MODE OF MAKING RULE CHANGES

### 10.03.1 Sport Structure Regulations

The goal of any Sport Structure Regulations changes would be because the following considerations have guided the need to update any changes to those Regulations:

- CKC Mission, Vision and/or Values
- True Sport Principles consideration
- Any considerations involving diversity, equity or inclusion
- International Competition model dictates a different Long Term Athlete Development Path
- Legacy considerations of event and the SRD sport in general
- Improvements in competition structure, racing opportunities that align with CKC’s Mission, Vision and/or Values

The mode of making any Sport Structure Regulation change would be CKC staff (coaches & administrators) & technical expert led (PTSO Sprint Technical Leads, CTC, etc), membership included, informed, consulted, and reviewed, followed by a final SRC vote. To note, once proposals have been put forward by membership, committees, staff, or other they are then considered based on the overall vision and mission of the organization and no longer are ‘owned’ by a member club. All proposals will be reviewed and given rationale as to whether they will move forward or be removed from any process with clear communication to their original proposer.

An evaluation process should be put in place for all changes so that they can be evaluated at regular intervals.

The process and timelines are outlined in the SRD Rules of Structure on our website here (<https://canoekayak.ca/policies/>).

To note:

“Year -2” is the year the process would start,

“Year -1” is the year that we would finalize the new Sport Structure,

“Year 0” is the year the new rules would take effect at the Sprint National Championships.

*Special note: it may be that if CKC staff and SRC determine that any Sport Structure Regulations need to be changed due to the fact that our current structure is not aligned with our values, then this process (indicated in Table 1) would be accelerated so that those changes, if appropriate, can take place at the “Year -1” Sprint National Championships. These changes would need to be known to the membership in advance of April 1st of the “Year -1”.*

### *10.03.2 Racing Rules*

The Racing Rules may only be amended, repealed or added to by motion of either the Sprint Racing Council, a Division or a voting Member Club, in the latter two cases they must be in good standing both at the time the motion hereinafter required is delivered and at the time of the meeting at which the repeal, amendment or addition to the Racing Rule is to be considered. Such motion shall not require seconding at the meeting in order to be properly before the meeting for consideration, except in the case of a motion from a voting Member Club which shall require seconding at the meeting in order to be considered.

Notice in writing shall be delivered to the CEO by the moving party, at least two months prior to the meeting at which the repeal, amendment or addition to the Racing Rules is to be considered. The Domestic Development Committee will review and divide the Racing rule proposals into two categories:

- i. Housekeeping
- ii. Substantive

Housekeeping Racing rule proposals will be forwarded directly to the Sprint Racing Council for vote and will take effect in the upcoming year's Sprint National Championship rulebook.

Substantive Racing Rules will be forwarded to an ad hoc technical committee appointed by the SRC. The purpose of the Technical Committee will be to review the proposals within the context of the of the Sprint Racing Discipline's strategic goals in order to ensure compliance. The Technical Committee will submit their recommendations to the DDC for distribution to the Member Clubs thirty (30) days in advance of the Annual Meeting.

The CEO shall send a notice of such motion to each Member Club of the Sprint Racing Discipline of the Association at least thirty (30) days prior to the date of the meeting. Once a Substantive Racing rule change (amendment, repeal, addition to) is properly before a meeting of Members for consideration, any voting Member may move, in proper order, an alternative to the Substantive Racing rule change, provided there is a seconder to such motion and the motion is restricted to the subject of the same rule change. If a rule change properly put before a meeting of members requires, in order to ensure consistency and a proper sense to the Substantive Racing Rules, amendment to or repeal of another rule, or addition of a rule not referenced in the motion delivered to the CEO as aforesaid, such other rule may be considered for amendment, repeal or addition, by either amendment to the motion by the moving party, or by motion of any voting Member Club, provided there is a seconder to such motion.