



CANOE '26

LAKE BANOOK

June 25-27, 2026

Lake Banook, Nova Scotia, Canada

BULLETIN 2

SUPPORTED BY:

Canada

NOVA SCOTIA
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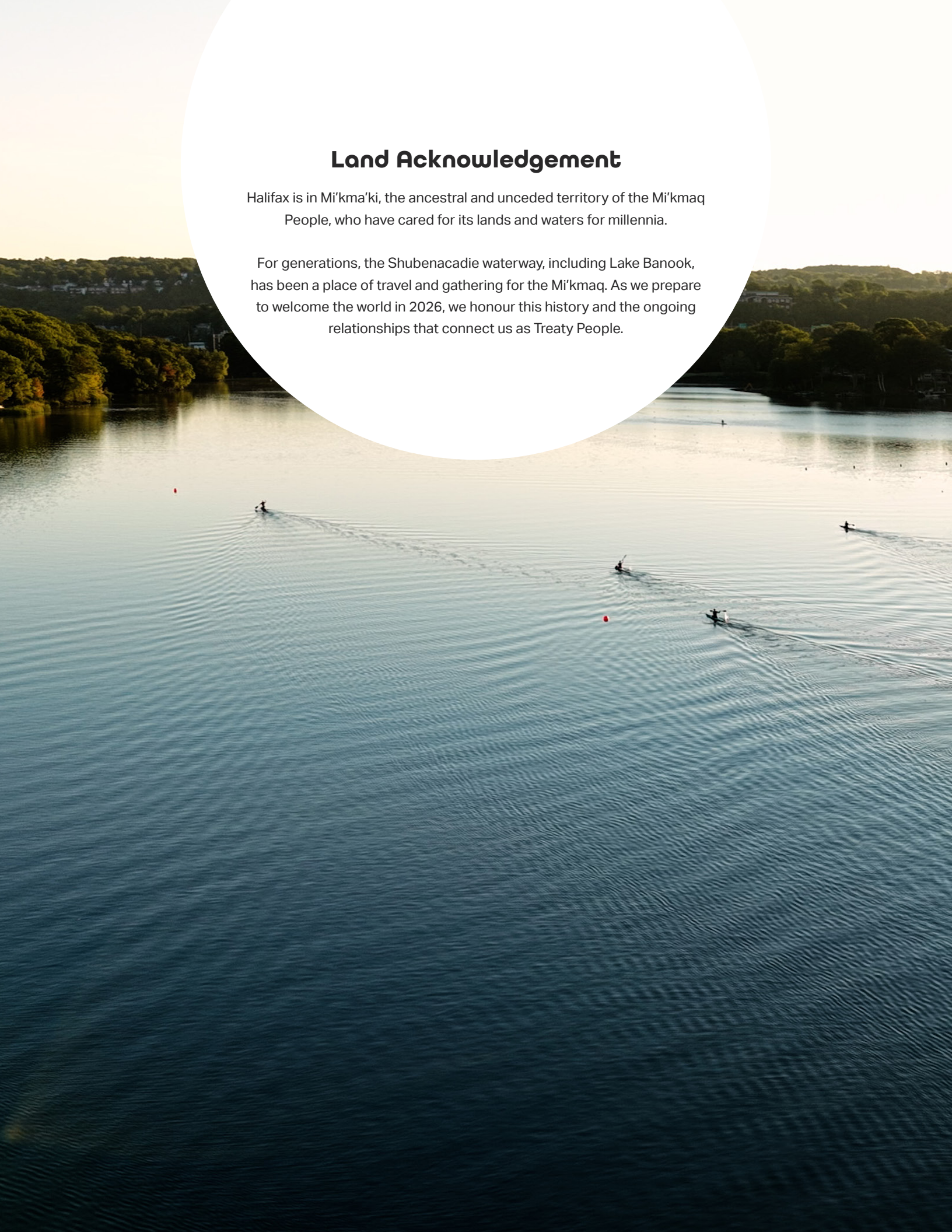


international
canoe
federation

Land Acknowledgement

Halifax is in Mi'kma'ki, the ancestral and unceded territory of the Mi'kmaq People, who have cared for its lands and waters for millennia.

For generations, the Shubenacadie waterway, including Lake Banook, has been a place of travel and gathering for the Mi'kmaq. As we prepare to welcome the world in 2026, we honour this history and the ongoing relationships that connect us as Treaty People.





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Premier's Message

On behalf of the Province of Nova Scotia, I'm pleased to welcome you to the 2026 ICF Junior and U23 Sprint World Championships.

Dartmouth, Nova Scotia is known and revered as the City of Lakes. With twenty-three lakes to choose from, it's the ideal location to host passionate paddlers from all over the world who have dedicated themselves to sport. Lake Banook has hosted many world-class events. Located in the heart of a vibrant city, it's a unique and special place surrounded by community. We hope you enjoy your time with us and our Nova Scotian hospitality.

We extend our best wishes and warmest welcome to the athletes, and their support teams. A heartfelt thank you to the parents, families and coaches who support these paddlers. It truly is a team effort to come this far, and I hope you are incredibly proud of your accomplishments. And to the officials and volunteers, thank you for being part of this event.

Thank you to Canoe '26, the Host Organizing Committee responsible for this event. We recognize your tireless efforts to ensure the championship's success. Thank you to the dozens of federations, hundreds of volunteers, and many thousands of enthusiastic fans.

And to the paddlers: have an epic race! Paddle hard, give it your all, and look out for one another. We are honoured to be a part of this exciting event.

Yours truly,

Honourable Tim Houston
Premier of Nova Scotia





Kwe' Welcome,

On behalf of the Mi'kmaq Sport Council of Nova Scotia, it is my absolute honour and privilege to welcome all athletes, coaches, staff, participants, families, and guests to Canoe 26.

We welcome you to Kjiptuk (Halifax), located within Mi'kma'ki, the ancestral and unceded territory of the Mi'kmaq people. For thousands of years, our people have walked these lands and paddled these waters, and we are thrilled to share the spirit of this beautiful region with you.

This year's competition takes place on the beautiful waters of Lake Banook—a place of profound significance to the Mi'kmaq. Long before it became a world-class racing venue, Lake Banook and its connecting lakes served as an integral waterway for our ancestors. It was a vital highway for travel, trade, and traditional gatherings. To paddle on Lake Banook is to connect with a deep history of stewardship, community, and respect for the water.

As you take to the water, you are not just participating in a world-class event; you are becoming a part of the enduring story of this sacred place.

To the athletes: you have dedicated countless hours of hard work, discipline, and passion to reach this stage. We wish you the very best of luck. May you compete with strong minds, fierce hearts, and the spirit of fair play.

To the coaches, families, and supporters: thank you for the unwavering dedication that has guided these competitors to this moment.

We pray for your safety throughout the competition, and we hope you forge lasting friendships and unforgettable memories during your time here. May the waters be kind, the competition be thrilling, and your journey be safe.

Wela'liek,
Thank you,

A handwritten signature in black ink, appearing to read "Chief Norman Bernard".

Chief Norman Bernard
Chair, Mi'kmaq Sport Council of Nova Scotia

Sustainability

Our organization has a vested interest in protecting the environment and is committed to playing our part in delivering sustainable events. Hosting paddling events has a footprint — and we want to be thoughtful about it.

Our aim is to build sustainable practices into how we host events, and into how we operate as an organization day to day, starting with small, practical steps we can measure and improve over time. In this work, we align ourselves with the International Canoe Federation's Sustainability Event Toolkit, and will use it as a shared reference point for what good practice looks like at our events.

Communication and Information

The official event communication method will be through the 2026 ICF Masters World Championships whatsapp group. All participants are asked to join this group to receive real time event updates. To join the chat, please click on the following link:

<https://chat.whatsapp.com/laZtuYTIsgjll0HiHeemWf>

This is a free app, but please note it requires Wi-Fi or internet. For more information on WhatsApp, please visit their website: <https://www.whatsapp.com>

Social Media

Stay up-to-date with the latest event news through our website at canoehalifax.com

Follow up @ Canoe2026 and use our event hashtags:

#canoe26 #planetcanoe #LakeBanook

Fans and Friends

We invite you to discover the heart and soul of Halifax. The strength and draw of our region comes from the diversity and wide range of things to do throughout the area. Whether you're looking for an iconic destination, complete with lobsters and lighthouses like the Peggy's Cove coastal region, a vibrant urban energy like you'll find it Downtown Halifax, or the pristine tranquility of the eastern shore, there's something for everyone across the nine unique regions of Halifax.

Find local tips, things to do and inspiration to experience the best of the Halifax Region here -

<https://discoverhalifaxns.com/>

Downtown Dartmouth Open Street Party - If you are sticking around post Competition, Downtown Dartmouth Business Commission is hosting its annual Open Street Festival, June 28th. For more information click here:

<https://www.downtowndartmouth.ca/openstreetsunday>

Spectators will be able to watch the races for free.

Transportation Plan and Booking

For participants who have booked airport transportation, we will be in touch closer to your arrival date with additional details.

If you have not yet provided your flight information to Yina, please do so as soon as possible to ensure your transportation arrangements can be finalized.

yina@tournkey.com

Schedule

June 23	Accreditation Office Open
June 24	Accreditation Office Open Official Training, Start system test & Boat control Team Leaders Meeting ITOs Meeting
June 25	Competition Day 1
June 26	Competition Day 2
June 27	Competition Day 3 Masters Dinner

Site Map



Day 1						
Event #	Time	Boat	Age	Gender	Distance	Race
1	8:30 AM	K1	35-39	M	500m	Heat 1
2	8:36 AM	K1	35-39	M	500m	Heat 2
3	8:42 AM	K1	50-54	M	500m	Heat 1
4	8:48 AM	K1	50-54	M	500m	Heat 2
5	8:54 AM	K1	60-64	M	500m	Heat 1
6	9:00 AM	K1	60-64	M	500m	Heat 2
7	9:06 AM	C1	35-39/45-49	F	500m	Final
8	9:12 AM	K1	35-39	F	500m	Final
9	9:18 AM	C1	35-39	M	500m	Final
10	9:24 AM	C1	50-54/55-59/65-69	F	500m	Final
11	9:30 AM	K1	40-44	F	500m	Final
12	9:36 AM	K1	40-44	M	500m	Final
13	9:42 AM	K1	45-49	F	500m	Final
14	9:48 AM	K1	45-49	M	500m	Final
15	9:54 AM	C1	45-49/50-54	M	500m	Final
16	10:00 AM	K1	50-54	F	500m	Final
17	10:06 AM	K1	55-59	F	500m	Final
18	10:12 AM	C1	55-59	M	500m	Final
19	10:18 AM	K1	55-59	M	500m	Final
20	10:24 AM	K1	60-64	F	500m	Final
21	10:30 AM	C1	60-64/65-69	M	500m	Final
22	10:36 AM	K1	65-69	F	500m	Final
23	10:42 AM	K1	65-69	M	500m	Final
24	10:48 AM	K1	70-74/75+	F	500m	Final
25	10:54 AM	C1	70-74	M	500m	Final
26	11:00 AM	K1	70-74	M	500m	Final
27	11:06 AM	C1	75+	M	500m	Final
28	11:12 AM	K1	75+	M	500m	Final
29	11:18 AM	K1	35-39	M	500m	Final
30	11:24 AM	K1	50-54	M	500m	Final
31	11:30 AM	K1	60-64	M	500m	Final
LUNCH						
	11:40 AM	Medal Ceremonies				
32	1:00 PM	K2	50-59	M	500m	Heat 1
33	1:06 PM	K2	50-59	M	500m	Heat 2
34	1:12 PM	K2	60-69	M	500m	Heat 1
35	1:18 PM	K2	60-69	M	500m	Heat 2
36	1:24 PM	C2	35-39/40-49	F	500m	Final
37	1:30 PM	K2	35-39/40-49	F	500m	Final
38	1:36 PM	C2	35-39/40-49/50-59	M	500m	Final
39	1:42 PM	K2	35-39	M	500m	Final
40	1:48 PM	K2	40-49	M	500m	Final
41	1:54 PM	K2	50-59	F	500m	Final
42	2:00 PM	K2	60-69	F	500m	Final
43	2:06 PM	C2	60-69/70+	M	500m	Final
44	2:12 PM	K2	70+	F	500m	Final
45	2:18 PM	K2	70+	M	500m	Final
46	2:24 PM	K2	50-59	M	500m	Final
47	2:30 PM	K2	60-69	M	500m	Final
48	2:40 PM	K4	50 -59	F	500m	Final
	3:00 PM	Medal Ceremonies				

Day 2						
Event #	Time	Boat	Age	Gender	Distance	Race
49	8:30 AM	K1	35-39	M	200m	Heat 1
50	8:35 AM	K1	35-39	M	200m	Heat 2
51	8:40 AM	K1	50-54	M	200m	Heat 1
52	8:45 AM	K1	50-54	M	200m	Heat 2
53	8:50 AM	K1	60-64	M	200m	Heat 1
54	8:55 AM	K1	60-64	M	200m	Heat 2
55	9:00 AM	C1	35-39/45-49	F	200m	Final
56	9:05 AM	K1	35-39	F	200m	Final
57	9:10 AM	C1	35-39	M	200m	Final
58	9:15 AM	C1	50-54/55-59/65-69	F	200m	Final
59	9:20 AM	K1	40-44	F	200m	Final
60	9:25 AM	K1	40-44	M	200m	Final
61	9:30 AM	K1	45-49	F	200m	Final
62	9:35 AM	K1	45-49	M	200m	Final
63	9:40 AM	C1	45-49/50-54	M	200m	Final
64	9:45 AM	K1	50-54	F	200m	Final
65	9:50 AM	K1	55-59	F	200m	Final
66	9:55 AM	C1	55-59	M	200m	Final
67	10:00 AM	K1	55-59	M	200m	Final
68	10:05 AM	K1	60-64	F	200m	Final
69	10:10 AM	C1	60-64/65-69	M	200m	Final
70	10:15 AM	K1	65-69	F	200m	Final
71	10:20 AM	K1	65-69	M	200m	Final
72	10:25 AM	K1	70-74/75+	F	200m	Final
73	10:35 AM	K1	70-74	M	200m	Final
74	10:40 AM	C1	75+	M	200m	Final
75	10:45 AM	K1	75+	M	200m	Final
76	10:50 AM	K1	35-39	M	200m	Final
77	10:55 AM	K1	50-54	M	200m	Final
78	11:00 AM	K1	60-64	M	200m	Final
79	11:05 AM	C1	70-74	M	200m	Final
LUNCH						
	11:15 AM	Medal Ceremonies				
80	1:00 PM	K2	40-49	M	200m	Heat 1
81	1:05 PM	K2	40-49	M	200m	Heat 2
82	1:10 PM	K2	50-59	M	200m	Heat 1
83	1:15 PM	K2	50-59	M	200m	Heat 2
84	1:20 PM	K2	60-69	M	200m	Heat 1
85	1:25 PM	K2	60-69	M	200m	Heat 2
86	1:30 PM	C2	35-39/40-49	F	200m	Final
87	1:35 PM	K2	35-39/40-49	F	200m	Final
88	1:40 PM	C2	35-39/40-49/50-59	M	200m	Final
89	1:45 PM	K2	35-39	M	200m	Final
90	1:50 PM	K2	40-49	M	200m	Final
91	1:55 PM	K2	50-59	F	200m	Final
92	2:00 PM	K2	60-69	F	200m	Final
93	2:05 PM	C2	60-69/70+	M	200m	Final
94	2:10 PM	K2	70+	F	200m	Final
95	2:15 PM	K2	70+	M	200m	Final
96	2:20 PM	K2	50-59	M	200m	Final
97	2:25 PM	K2	60-69	M	200m	Final
	3:00 PM	Medal Ceremonies				

Day 3						
Event #	Time	Boat	Age	Gender	Distance	Race
98	8:30 AM	K2	50-59	Mixed	200m	Heat 1
99	8:35 AM	K2	50-59	Mixed	200m	Heat 2
100	8:40 AM	K2	60-69	Mixed	200m	Heat 1
101	8:45 AM	K2	60-69	Mixed	200m	Heat 2
Course Break						
102	9:00 AM	C4	40-49	F	500m	Final
103	9:06 AM	K4	35-39/40-49	F	500m	Final
104	9:12 AM	C4	35-39/40-49	M	500m	Final
105	9:18 AM	K4	35-39	M	500m	Final
Course Break						
106	9:30 AM	K4	40-49	M	500m	Final
107	9:42 AM	C4	50-59/60-69/70+	M	500m	Final
108	9:48 AM	K4	50-59	M	500m	Final
Course Break						
109	10:00 AM	K4	60-69/70+	F	500m	Final
110	10:06 AM	K4	60-69	M	500m	Final
111	10:12 AM	K4	70+	M	500m	Final
		C2	50-59/60-69	Mixed	500m	Final
Course Break						
112	11:00 AM	K2	35-39	Mixed	500m	Final
113	11:06 AM	C2	35-39/40-49	Mixed	500m	Final
114	11:12 AM	K2	40-49	Mixed	500m	Final
115	11:24 AM	K2	50-59	Mixed	500m	Final
116	11:30 AM	K2	60-69/70+	Mixed	500m	Final
LUNCH						
	11:40 AM	Medal Ceremonies				
117	1:05 PM	C2	35-39/40-49	Mixed	200m	Final
118	1:10 PM	K2	40-49	Mixed	200m	Final
119	1:15 PM	C2	50-59/60-69	Mixed	200m	Final
120	1:20 PM	K2	50-59	Mixed	200m	Final
121	1:25 PM	K2	60-69	Mixed	200m	Final
122	1:30 PM	K2	70+	Mixed	200m	Final
123	1:35 PM	K2	35-39	Mixed	200m	Final
Course Break						
124	2:25 PM	K4	50-59	Mixed	500m	Final
125	2:30 PM	K4	35-39	Mixed	500m	Final
126	2:36 PM	K4	40-49	Mixed	500m	Final
127	2:42 PM	C4	35-39/40-49/50-59/60-69	Mixed	500m	Final
128	2:54 PM	K4	60-69	Mixed	500m	Final
	3:00 PM	Medal Ceremonies				

Accreditation Plan

The Accreditation Centre is located next to the competition area. Accreditation pick-up will take place at **Oakwood House, 20 Boathouse Lane.**

Hours of operations:

June 23 & 24: 8:00 - 16:00

June 25: 8:00 - 12:00

Accreditation Process:

Step 1: Check-in at the first desk to confirm payment of all invoices. Please note that you will not be accredited until you have a zero balance with the Organizing Committee.

Step 2: Collect all your participant accreditation package.

All participants in the event must be accredited — no access is granted to the course without an accreditation pass. Before leaving the accreditation center participants will be asked to join the official Participant Whatsapp Group to ensure they are receiving all relevant accreditation information.

PLEASE NOTE: if an accreditation is lost, damaged or forgotten and needs to be reprinted, a cost of \$25 CAD per accreditation card will incur. Acceptable payment is cash (CAD) or credit card.

North American Power Plugs

A reminder Canada uses Type A and Type B power outlets (120V, 60Hz). International competitors should bring a North American travel adapter.

Daily Transport

Daily shuttle service will be provided, with two shuttle loops operating between the Dartmouth host hotels, including the Delta Dartmouth and Hampton Inn.

Athletes staying at the Delta Barrington will be provided access to the event transportation network. Shuttle schedules will be available closer to the event.

Please note there will be no transportation to the Master dinner on Saturday.

Important: There is no public parking available at the competition venue.

If participants are not staying at an official host hotel, please advise us of your transportation plans.

Lunches

Lunch will be available on competition days at the Lake Banook Canoe Club from **11:30 AM to 2:00 PM.**

Athletes with accompanying individuals may purchase lunch onsite for \$30 per person. To assist with catering planning, Aramark requires a minimum of 24 hours' notice for any accompanying individuals wishing to purchase meals.

Medical Information

Canoe '26 asks that all participants of the World Championship take out a medical insurance policy in their respective country. All costs above the regular first aid and ambulance services are to be covered by this medical insurance policy. Canoe '26 will not cover any expenses in connection with hospital treatment.

Athlete Medical Service Clinic

Emergency medical headquarters / Therapy services / Physician clinic

Senobe Aquatic Club

6 Nowlan Street Dartmouth (Blue building located at the end of the race course- clinic is in boat bays)

Emergency medical headquarters:

Safety at Canoe26 is a priority. In addition to on-water safety boats, a medical clinic consisting of Emergency First Responder personnel will be on-site during all training and competition.

Therapy Services:

Therapy services available to athletes include Physiotherapy, Massage Therapy, Athletic Therapy, and Chiropractic services. Clinicians will be available for assessment for basic treatment and advice regarding injuries impacting athletes ability to perform at their best at the Canoe26 World Championships. Therapy Services Open Hours:

Training Days

June 24: 10:00 am – 3:00pm

Competition Days

June 25: 8:00am – 3:00pm

June 26: 8:00am – 3:00pm

June 27: 8:00am – 3:00pm

Physician Clinic:

Physicians will be available for non-emergency medical consults regarding conditions that affect Athletes of the ICF Masters World Championships. Contact a therapist in the Therapy Clinic to set up a physician consultation on training days.

After Hours Care:

EMERGENCY In Nova Scotia call 911 if your health, safety or property is threatened and you need help right away. The 911 call taker (operator) will notify emergency responders, like fire, police or ambulance.

After hours you can contact the on call physician at - Dr. Tina Atkinson (902)483-7954

Pharmacies close to Canoe26 venue:

Atlantic Superstore Braemar Drive - Pharmacy
9 Braemar Dr, Dartmouth
902.463.4619

Lawtons Drugs Westphal:

90 Main Street, Dartmouth
902.462.7400

Shoppers Drug Mart Tacoma Plaza:

80 Tacoma Drive, Dartmouth
902.434.0366

Venue Hours

The venue will open every day 2 hours prior to the first race and close 1 hour after the last race. See training information below for training days.

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Official Training & Pre-Race Boat Control

The venue will be open for official training & boat control June 24th from 9:00am to 12:00 PM and 1:00pm to 3:30PM.

- Start gates will be used at the 200m and 500m
 - Start gate practice will on June 24
 - » 10 am - 11 am
 - » 1:30 PM - 3:30 PM
 - Boat control will be open 9:00 AM 12:00 PM and from 1:00 PM to 3:30 PM on June 24
-

Team Leaders Meeting

Team Leader's meeting is virtual via Teams June 24th at 4:00pm - 5:00pm.

To join please click the link below.

MICROSOFT TEAMS MEETING JOIN:

<https://teams.microsoft.com/join/381482622099943?p=fpmFtZMnrFAIsI4g4v>

Meeting ID: 381 482 622 099 943

Passcode: 9jp6w7nA

Team Tents and Boat Storage

Each team will be given a tent, allocation of space will be according to nominal entries. There will be charge locations in the cafeteria and in central locations in the village.

All Boats MUST be stored in the appointed Boat Storage location on exterior boat racks. Any Boats inside tents will be removed by the organizing committee.

Boat Racks will be marked by the country name. The distribution of space will be done according to the nominal entries.

Participant vehicles will not be allowed to park at the venue. Please plan to use event transport from your accommodations.

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Onwater Traffic During Race Days

Warm up and Cool down should be on the tower side of the course. Athletes are not permitted to warm up or cool down on the Prince Albert side (where the starter platforms are located) of the course.

There will be no safety on Lake MicMac.

Start Lists and Results

Preliminary and final start lists and all accompanying documents can be found here: <https://www.canoeicf.com/canoe-sprint-masters-world-championships/halifax-2026>

Unofficials Results can be found here:

<https://memosoft.spotfokus.com/timetable/eventdetail/140/2026-ICF-SPRINT-MASTERS-WORLD-CHAMPIONSHIPS>

Boat numbers & Bibs

Bibs will be provided on accreditation pick up.

Athletes are required to go through pre race boat control for ID check before each race. Athletes should give extra time before heading out for each race.

The boat numbers can be collected one hour before the competition at the embarkation tent in the Boat Area. The team leader must leave a deposit of \$50 upon collecting the start number for the first time. The deposit will be refunded at the end of the competition when the team leader has returned all boat numbers.

Boat Control

Post race boat control will be done after each race. Competitors are responsible for correct boat weight and providing their own boat weights

- K1 12KG
- K2 18KG
- K4 30KG
- C1 14KG
- C2 20KG
- C4 30KG

Medal Ceremonies

With the iconic Lake Banook Judges Tower in the background friends are welcome to come down to cheer on the medal winners at Lion's Beach. Medal ceremonies

will start at 3:00 PM at the conclusions of all three days of racing.

Boat Drop Off

Boats can be dropped June 23 and June 24 between the hours of 9:00 AM and 3:30 PM. Boats will need to be dropped off at Boat House Lane site entrance. If you have a trailer or multiple boats please contact: masters@canoehalifax.com

Boat Removal

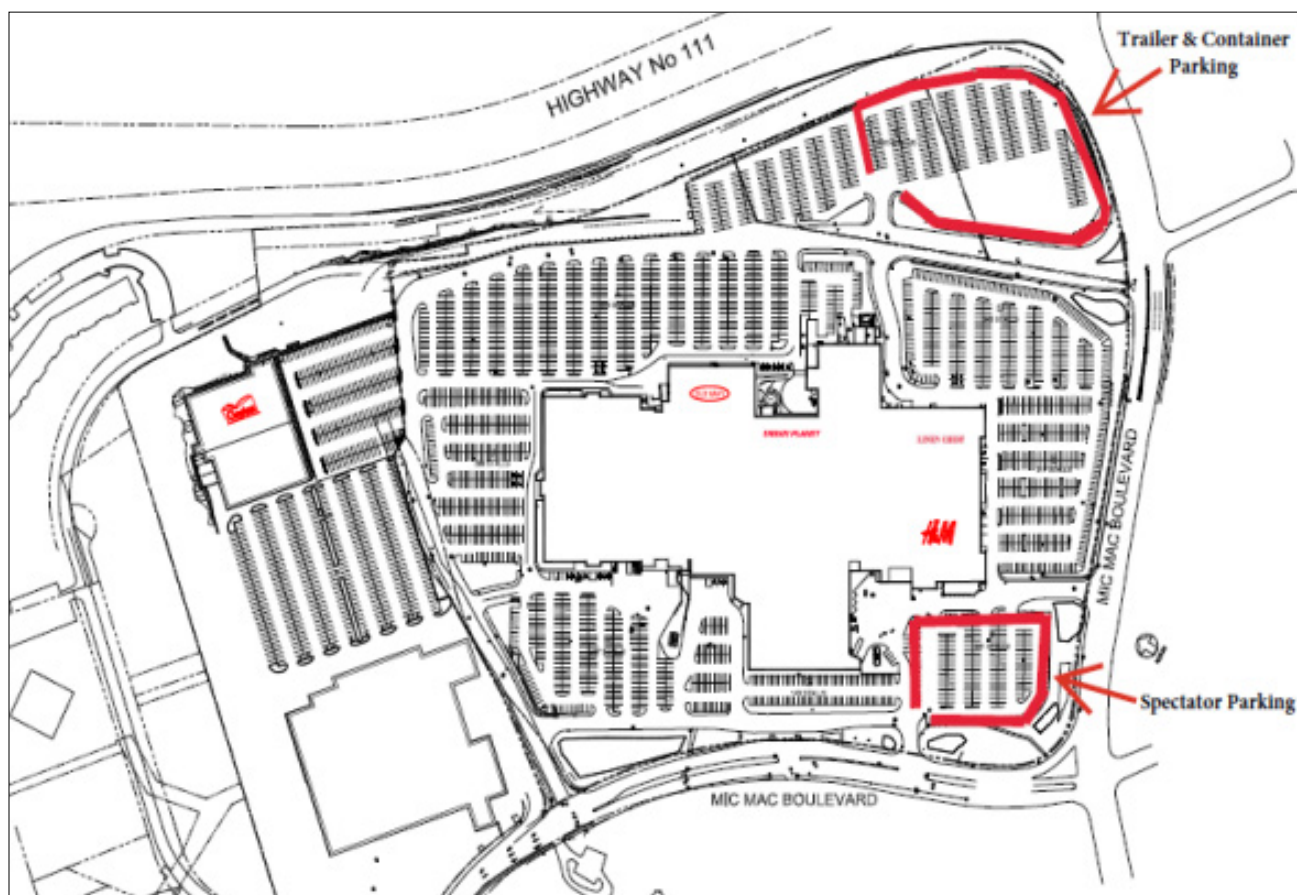
Boats must be removed from the venue no later than June 28 at 12:00 PM



Parking

There is no parking at the venue. Our Neighborhood Partner, Mic Mac Mall has generously participants and spectators to park in their parking lot. Boat Trailers, Once emptied will also be parked in the "Trailer Parking" area.

See map below



ICF PARTNERS



GOLD

BYD

IRON MASTER[®]
铁人

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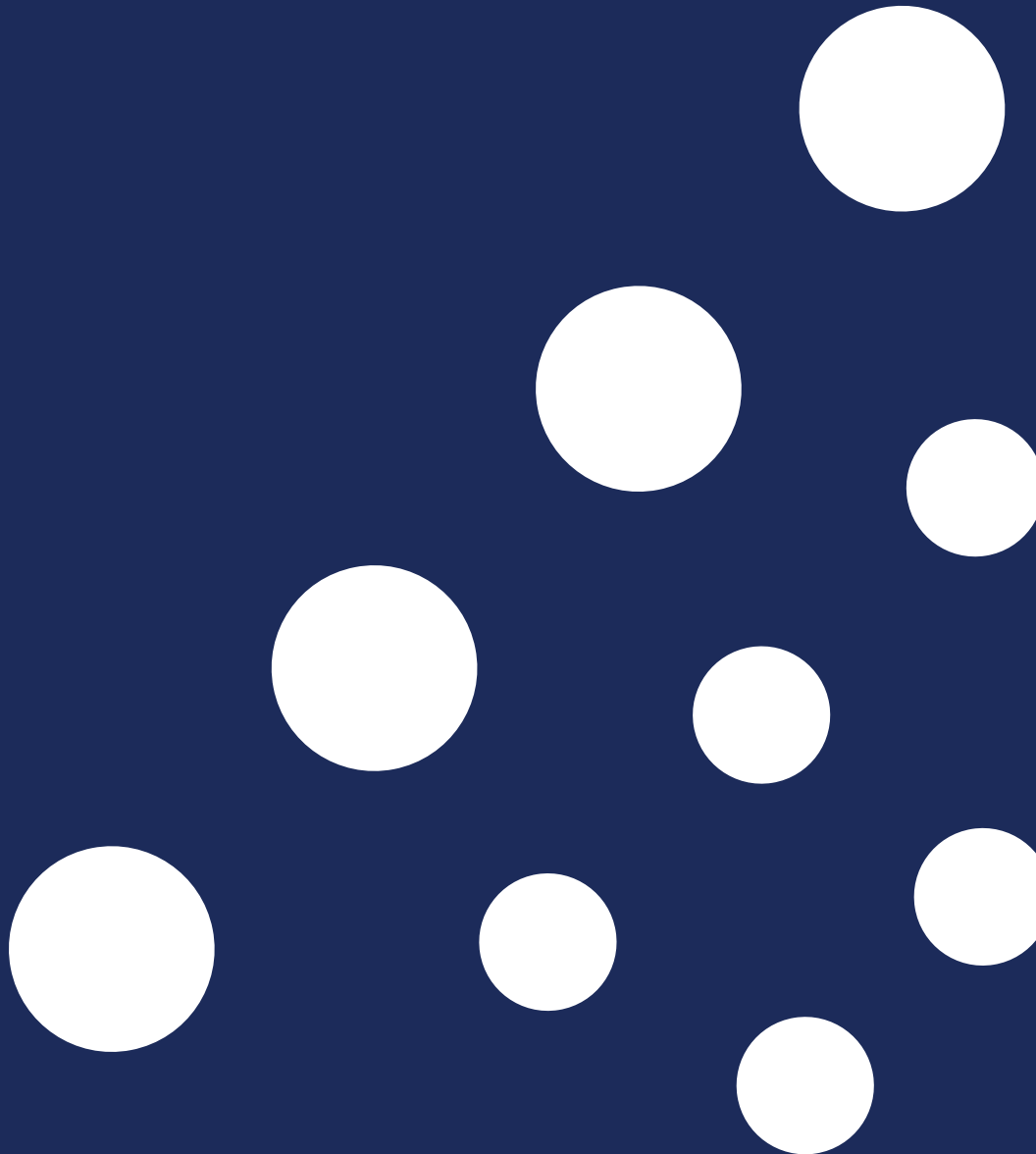
CAMPS[®]
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HALIFAX

